



**AMREF INTERNATIONAL UNIVERSITY**  
**SCHOOL OF PUBLIC HEALTH**  
**DEPARTMENT OF HEALTH SYSTEMS MANAGEMENT AND DEVELOPMENT**  
**MASTERS IN HEALTH SERVICES MANAGEMENT**  
**END OF SEMESTER EXAMINATION DECEMBER 2025**

**MAIN**

**UNIT CODE: HSM 717**      **UNIT NAME: HEALTH POLICY AND PLANNING**  
**DATE: XX DECEMBER, 2025**  
**TIME: Three Hours**      **Start: 5:30 PM**      **Finish 8.30 PM**

**INSTRUCTIONS**

1. This exam is marked out of 100 marks
2. This Examination comprises TWO Sections  
**Section A:** Compulsory Question (25 marks)  
**Section B:** Long Answer Questions (75 marks)

**SECTION A: COMPULSORY (25 Marks)**

**Short Answer Questions**

- Q1.) Explain four (4) reasons why policies are important in health systems management (5 marks)
- Q2.) Describe three (3) methods that can be used in policy analysis (5 marks)
- Q3.) Explain five (5) sources of the agenda for the development of health policies (5 marks)
- Q4.) Explain the application of Incremental theory in policy formulation (5 marks)
- Q5.) Explain Five (5) basic method specific information generated from policy analysis (5 marks)

**SECTION B (Set 5 Questions)**

**ANSWER ANY THREE (3) QUESTIONS (75 Marks)**

**Long Answer Questions**

- Q6). Explain the relevance of the following theories in health policy making
- a) Elite theory (12 marks)
  - b) Institutionalism theory (13marks)
- Q7). Critically analyze Social Health Insurance Fund (SHIF) in increasing access to health care services in Kenya. In you discussion clearly highlight the following
- a) Five (5) strengths of SHIF (12 marks)
  - b) Five (5) weaknesses of SHIF (13 marks)
- Q8a). a) Discuss the four (4) major types of policy evaluation (12 marks)
- Q8b) Describe six (6) steps followed in conducting a policy evaluation (13 marks)
- Q9a) Discuss the five (5) principles of international social health protection (10 marks)
- Q9b) Explain eight (8) reasons why the social health protection in Kenya is facing challenges in improving access to the health care services (15 marks)
- Q10a). Discuss five (5) approaches that can be used to improve health in all policies (15 marks)
- Q10b). Explain five (5) reasons why multisectoral action to health policy implementation is difficult (10 marks)