

102105T4COH

COMMUNITY HEALTH LEVEL 5

HE/OS/CH/CR/01/5/A

Monitor Community Health Care

March/April 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

WRITTEN ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. This paper consists of **TWO** sections: **A** and **B**.
2. Answer **ALL** questions in section A and **ANY THREE** (3) questions in section B.
3. Marks for each question are indicated in the brackets.
4. Candidates are provided with a separate answer booklet
5. Do not write on the question paper.

**This paper consists of THREE (3) printed pages
Candidates should check the question paper to ascertain that all
pages are printed as indicated and that no questions are missing.**

SECTION A (40 MARKS)

Answer ALL the questions in this section.

1. Community Health Committee (CHC) is made up of 11-13 members to oversee activities carried out within the community. Provide FOUR requirements for one to be a CHC member. [4 Marks]
2. Suggest FOUR ways you can use to promote health and development in your society. [4 Marks]
3. Person X is a known patient of hypertension. Educate him on THREE complications of hypertension. [3 Marks]
4. Using a table, illustrate complementary feeding schedule for children between the age of 6 months to 5 years, in THREE cohorts. On the first column put the age of the child, second column indicate the complementary feeding and its frequency. [3 Marks]
6. One of the equipment in Community Health Volunteer kit is a glucometer. Enumerate FOUR steps you will follow in blood glucose testing. [4 Marks]
7. Community A has recorded high cases of diarrhea for the last one month; report indicates that many people do not drink treated water. Organize FOUR steps you will use to educate the community on the chlorination process. [4 Marks]
8. Recommend FOUR actions a mother can take to a child presenting with cough. [4 Marks]
9. Patient E sustained a minor cut while doing his farming activities. Come up with FOUR ways of managing this condition. [4 Marks]
10. Identify THREE things a Community Health Promoter (CHP) should confirm when receiving CHP kit. [3 Marks]
11. Mention FOUR signs and symptoms of Urinary Tract Infections. [4 Marks]
12. A first-time mother has just delivered, and you are to advise her on post-delivery care. Propose THREE recommendations on cord care you can give to the new mothers. [3 Marks]

SECTION B (60 MARKS)

Answer Any THREE Questions in This Section.

13. You have been appointed to the team that is to carry out disease surveillance and prepare a report.

a) Describe FIVE reasons of conducting disease surveillance in the community

[10 Marks]

b) Elaborate FIVE components that will be included in your surveillance report.

[10 Marks]

14. To achieve Universal Health Care, the government has put measures to ensure essential health services are available at all times.

a) Explain THREE benefits of essential drugs.

[6 Marks]

b) Examine FOUR drugs in Community Health Volunteer Kit, indicating their use.

[8 Marks]

c) Describe THREE challenges facing drug availability and utilization in the health sector.

[6 Marks]

15. Young people require mentorship and proper guidance about the choices they make in their life. Ministry of health introduced youth friendly services to support this.

a) Explain FIVE characteristics of youth friendly services.

[10 Marks]

b) Elaborate FIVE youth friendly services.

[10 Marks]

16. You have organized training with community members to discuss key issues affecting women of reproductive age.

a) Educate on THREE pre-pregnancy risk factors.

[6 Marks]

b) Recommend SEVEN interventions to emphasize on during pregnancy. [14 Marks]