



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
DIPLOMA IN COMMUNITY HEALTH
SUPPLEMENTARY/SPECIAL EXAMINATION MARCH 2024

UNIT CODE: DCHP 127

UNIT NAME: INTRODUCTION TO COMMUNITY PSYCHOLOGY

DATE: Monday 11th March 2024

TIME: Two Hours **Start: 9:00AM** **Finish: 11:00 AM**

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (20 marks)
Section B: Long Answer Questions (40 marks)

SECTION A: COMPULSORY (20 Marks)

Short Answer Questions

1. Define the following terminologies (5 marks).
 - a) Cumulative risk hypothesis
 - b) Sense of community
 - c) Level of analysis
 - d) Social capital
 - e) Vicious spirals
2. List the four acculturation strategies (4 marks)
3. State two goals of community psychology (2 marks)
4. Explain the difference between first and second order change (4 marks)
5. Outline five coping outcomes covered in this course (5 marks)

SECTION B

ANSWER ANY TWO (2) QUESTIONS (40 Marks)

Long Answer Questions

1. Gender-based violence is a notable human rights violation within all societies.
 - a) Discuss the distal factors related to gender-based violence (10 marks).
 - b) Discuss the proximal factors related to gender-based violence (10 marks).
2. World Health Organization estimates that suicide is the fourth leading cause of death among 15–29-year-olds globally. Use the five ecological levels of analysis to explain the factors associated with suicidal ideation and suicidality among this age group (20 marks).
3. In community psychology, empowerment is a social process of gaining greater control over one's life through critical reflection, caring for others, and mutual respect.
 - a) Discuss five personal qualities for citizen empowerment. (10 Marks)
 - b) Discuss five features of empowering practices and settings. (10 Marks)