



AMREF INTERNATIONAL TRAINING CENTER

MODULE II

SOCIAL WORK LEVEL 6

HW/OS/SW/CR/05/5/MA

Conduct Community Empowerment

July/August 2026

WRITTEN ASSESSMENT

11TH AUGUST 2026

Time: 2 HOURS START :2PM FINISH:4PM

INSTRUCTIONS TO CANDIDATE

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper.

This paper consists of THREE (3) printed pages

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A: (40 MARKS)

Answer ALL questions in this section.

1. A community-based organization is planning a programme to strengthen the skills and livelihoods of vulnerable households. State FOUR types of resources that can be used to support such initiatives. (4 Marks)
2. A community development project is being implemented through different systems of governance to enhance participation and accountability among members. Outline FOUR types of leadership structures that support empowerment initiatives. (4 Marks)
3. A local NGO is designing a programme aimed at improving self-reliance and participation among community members. List FOUR characteristics of a good empowerment plan in community training. (4 Marks)
4. Before introducing a new livelihood project, a community development officer conducts consultations to understand local priorities and service gaps. Identify FOUR reasons why it is important to conduct a community needs assessment. (4 Marks)
5. A youth development project is being implemented in several villages, and managers are required to track its progress and performance. State FOUR reasons why monitoring and evaluation are important during implementation. (4 Marks)
6. A community organization intends to introduce a programme targeting vulnerable groups within the locality. List FOUR criteria used when selecting beneficiaries for the programme. (4 Marks)
7. A development agency has completed a review of project results and plans to share the information with stakeholders. Outline FOUR methods that can be used to disseminate impact assessment findings. (4 Marks)
8. A community project is nearing completion, and managers are gathering information to guide sustainability planning. Highlight FOUR data collection methods that can be used during the exit strategy process. (4 Marks)
9. Several programmes targeting women and youth have been implemented in different parts of Kenya to improve participation in social and economic development. Outline FOUR challenges experienced when strengthening local capacities. (4 Marks)
10. A community development programme has integrated digital tools to improve communication, training, and access to information among participants. State FOUR advantages of using technology in such programmes. (4 Marks)

SECTION B: (60 MARKS)

Answer Question 11 and any other two questions in this section.

11. Read the case scenario below and answer the questions that follow:
- A Non-Governmental Organization (NGO) in Mwongozo County has partnered with several youth self-help groups to promote economic and social empowerment among young people. Most of the youth come from low-income households and face challenges such as unemployment, limited access to income-generating opportunities, low participation in community decision-making, and inadequate access to essential services. Community leaders have also expressed concern about cultural attitudes and stereotypes that discourage active youth participation in development activities. To address these challenges, the NGO intends to develop and implement a comprehensive programme that includes vocational skills training, entrepreneurship development, access to financial services, and leadership training.
- a) From the case scenario, identify TWO challenges affecting the youth groups. (2 Marks)
- b) Discuss FOUR factors to consider when designing an intervention programme for the youth groups. (8 Marks)
- c) Describe FIVE steps that should be followed when conducting a community needs assessment. (10 Marks)
12. Mwangaza Youth Centre has received funding to implement a programme aimed at improving the social and economic well-being of unemployed youth within the community. As a newly recruited social worker, you have been assigned to coordinate the implementation of the programme.
- a) Discuss FIVE key components that should be included in the proposed intervention plan. (10 Marks)
- b) Explain FIVE challenges that may arise during implementation of the programme. (10 Marks)
13. A community-based organization has implemented a development programme for women and youth groups over the past three years. As the project comes to an end, the organization plans to assess its impact and share the findings with the stakeholders.
- a) Describe FIVE ways in which impact assessment findings can be documented. (10 Marks)
- b) Explain FIVE steps involved in communicating the proposed programme to community members. (10 Marks)
14. Kijani Community Development Organization intends to introduce a programme targeting vulnerable households. Before implementation, the organization must identify suitable beneficiaries and engage local leaders in planning and mobilization activities.
- a) Explain FIVE challenges likely to be encountered when selecting beneficiaries for the proposed training programme. (10 Marks)
- b) Discuss FIVE benefits of involving local leaders in planning community development initiatives. (10 Marks)