



AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102106T4COH
Qualification : Assistant community health officer Level 6
Unit Code : HE/CU/CH/CR/03/5/MA
Unit of Competency : Community health promotion services

CANDIDATE WRITTEN ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. You have **THREE** hours to answer all the questions.
2. Marks for each question are indicated in the brackets.
3. The paper consists of **TWO** sections: A and B.
4. Do not write on the question paper.
5. A separate answer booklet will be provided.

This paper consists of THREE (3) printed pages

Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing

SECTION A: ANSWER ALL QUESTIONS (40MARKS)

Amref International University -TVET Directorate: Training for Primary Health Care

1. Health promotion is a key component of community health. Identify THREE health promotion theories behavior change model as described in health promotion. (3 Marks)
2. In preparation for conducting health education, you are required to develop objectives. Outline the FOUR items that the acronym SMART defines as used in developing objectives. (4 Marks)
3. You are preparing to conduct a health education session. Highlight FOUR teaching resources/aids you require to conduct teaching session in the community. (4 Marks)
4. For the country to achieve health promotion, various stakeholder must promote health. Mention FOUR promoters of health promotion. (4 Marks)
5. Your school has scheduled to conduct advocacy in community X. You are required to prepare the advocacy plan. Outline FOUR components of an advocacy plan (4 Marks)
6. You have been appointed to train community health workers on the purposes of health education and promotion. Highlight THREE purposes of health education and promotion services. (3 Marks)
7. Outline FOUR importance of carrying out community need assessment in health education and promotion. (4 Marks)
8. Demonstration as teaching method in conducting health education and promotion involves imparting skills. State THREE limitations of use of this method (3 Marks)
9. Social Behavior Change is important in community health promotion. State FIVE principles of Social Behavior Change (5 Marks)
10. Community participation is encouraged in conducting advocacy. Enumerate FOUR benefits of community participation (4 Marks)
11. When creating Information, Education and Communication materials, it is important to start by developing a creative brief. Identify THREE components of a creative brief (3 Marks)

SECTION B: 60MARKS**ANSWER THREE QUESTIONS**

12. The government of Kenya is giving priority to community to prevent occurrence of diseases. Once the diseases occur, they are managed in the health care setup. As community health student you play major role in health promotion and education to prevent diseases occurrence.
 - a. Discuss FOUR levels of disease prevention citing relevant examples. (8 Marks)
 - b. Discuss SIX principles of health promotion. (12 Marks)
13. During monitoring and evaluation of teaching program conducted by a colleague the members of the community report that their understanding level was not effective.
 - a. Explain SIX factors that influence the choice of facilitation method for effective facilitation.

(12 Marks)

- b. Discuss FOUR merits of using lecture method of teaching during health education and promotion.
(8 Marks)

14. A nongovernmental organization wants to support people living with HIV/AIDS (PLWHA) in your community. The organization has approached you to assist them.

- a. Discuss FIVE sources of the data you will collect to show evidence of PLWHA in the community. (10 Marks)

- b. Highlight FIVE characteristics of a good report you are likely to generate after your data collection. (10 Marks)

15. You have been appointed to conduct a needs assessment by a local Non-governmental Organization in your locality.

- a. Discuss EIGHT steps of conducting community health needs assessment (16 Marks)
- b. Describe TWO methods of data analysis (4 Marks)

AMU