

102106T4COH

COMMUNITY HEALTH LEVEL 6

HE/OS/CH/CR/01/6/A

Manage Community Health Care

Nov/Dec 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

Time: 1 HOUR

INSTRUCTIONS TO CANDIDATE:

According to demographic survey 2022, hypertension is one of the chronic diseases that has been on the rise in County X. Consequently, the county has organized a training to Community Health Promoters (CHPs) on how to take the vital signs of the community members to help detect and reduce prevalence of the disease. As an Assistant Community Health Officer,

1. You are required to perform the following tasks;
 - i. Task 1: Prepare for training.
 - ii. Task 2: Demonstrate to the CHPs on how to screen blood pressure.
 - iii. Task 3: Demonstrate to the CHPs on how to screen blood glucose.
 - iv. Task 4: Train on SIX ways of managing hypertension.
2. You have been provided with the following resources for the practical tasks:
 - Simulated CHPs
 - Functional blood pressure machine
 - Functional glucometer
 - Blood glucose strip
 - Lancet prick

- Clean gloves
- Alcohol swab
- White board/flipchart
- Marker pen and eraser
- Fools caps
- Yellow bin
- Sharp box