

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/01/6

ASSESS THE CLIENT

Nov/Dec 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

You have **10 minutes** to read the excerpt below and act out the excerpt in the practical assessment.

EXCERPT

By the time he was admitted to the hospital, Ochieng was talking a mile a minute. He harassed the other patients and ward staff, declaring that he was the coach of the Migori FC track team and offering to hold tryouts for the other patients in the hospital. His movements were rapid and somewhat erratic as he paced the halls of the ward and explored every room. At the slightest provocation, he flew into a rage. When an attendant blocked his entrance to the nursing station, he threatened to report her to the president of the Olympic committee. He had not slept for 3 nights. His life had taken a drastic change over the past 2 weeks as he was preparing his team to face the opponents who had poached two of his smart defendants. Ochieng is 35 years old, married, and the father of two young children. He worked at a small junior college where he taught physical education and coached both the men's and women's track teams. Until his breakdown, the teams had been having an outstanding season. They were undefeated in dual

competition and heavy favorites to win the junior championship. This was not the first time that Ochieng had experienced psychological problems. Two years ago, he was hospitalized after his goalkeeper suffered a broken arm a day before a qualifying match to Emirates. He has been referred to the mental health department where you are assigned this week.