

091905T4HRI

HEALTH RECORDS AND INFORMATION TECHNOLOGY LEVEL 5

HE/OS/HR/CC/02/5/A

Apply Community Health

March/April 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

WRITTEN ASSESSMENT

Printed By: Amref International Training Center

Date: 24.03.2025 08:40 AM

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Answer **ALL** the questions in section **A**, **Question 12** and **Any other TWO** Questions in **Section B**
4. Candidates are provided with a separate answer booklet
5. **DO NOT** write on this question paper.

This paper consists of THREE (3) printed pages
Candidates should check the question paper to ascertain that all
pages are printed as indicated and that no questions are missing.

SECTION A (40 MARKS)

Answer ALL the questions in this section.

1. In the last two decades, the community health attention has been drawn increasingly to the social-economic determinants of health. State FOUR roles of Community Health worker in the promotion of good health. (4 Marks)
2. Malaria is one of the leading endemic diseases in Sub Saharan Africa. Record FOUR malaria prevention strategies. (4 Marks)
3. In a community health class, the trainer asks Musa to list members of his family. Musa states that he lives with his father and his two sisters.
 - a) Which category of family type is Musa's? (2 Marks)
 - b) Apart from the type of family stated in (a) above, list TWO other types of families. (2 Marks)
4. Mention FOUR importance of proper nutrition during pregnancy and breastfeeding. (4 Marks)
5. Health indicators are makers of accomplishment for healthcare projects. State FOUR types of health indicators (4 Marks)
6. Health prevention is a key component that helps to prevent disease occurrence, outline THREE levels of disease prevention (3 Marks)
7. You have been requested to educate lactating mothers on the causes of malnutrition. List TWO causes you will discuss. (2 Marks)
8. List FOUR methods of family planning. (4 Marks)
9. Outline THREE key implementers of primary health care in Kenya (3 Marks)
10. Human diseases can be categorized as communicable and non-communicable diseases. List FOUR non- communicable diseases. (4 Marks)
11. Most diseases can cause an epidemic within a community but vaccination against it can aid in diseases prevention. State FOUR vaccine preventable diseases. (4 Marks)

SECTION B (60 MARKS)

Answer question 12 and Any other TWO Questions in This Section

12. Untreated waste is a factor that contributes to the increasing risks of environmental degradation in the community.
- a) Explain any TWO negative impacts of wastes in the community. (4Marks)
 - b) Classify community waste into FOUR categories based on the source or origin. (8Marks)
 - c) Describe FOUR methods of managing wastes in the community. (8 Marks)
13. Primary Health Care (PHC) is essential in promoting health in Kenya.
- a) Describe FIVE pillars of Primary Health Care (PHC) (10 Marks)
 - b) Explain FIVE elements of Primary Health Care (PHC) (10 Marks)
14. To fight against diarrheal diseases, most households in the rural area use pit latrines to dispose their human waste.
- a) Discuss FIVE advantages of building pit latrines in rural areas. (10 Marks)
 - b) Discuss FIVE disadvantages of using sewerage system. (10 Marks)
15. Quality data is important in decision making. You have been appointed to manage health data collected from the community.
- a) Describe FIVE measures you will take to ensure data collected is of high quality. (10 Marks)
 - b) Explain FIVE attributes that will show you collected data of high quality. (10 Marks)