



AMREF INTERNATIONAL UNIVERSITY

University Examinations

School of Medical Sciences

Department of Nursing and Midwifery Sciences

End of May/August 2026 Semester Examination

Programme: Advanced Diploma in Applied Mental Health Practice (ADAMHP)

Course Code: ADMH 107

Course Title: Clinical Ethics

Date: Tuesday, 11th August, 2026

Time: 2 Hours from 4.00 p.m. to 6.00 p.m. EAT

Instructions

1. This exam is marked out of 60 marks
2. This examination comprises TWO Sections
Section A: Short Answer Questions (20 Marks)
Section B: (40 Marks)
3. Write your University registration number on every booklet that you use
4. Do not write on the question paper. Use back of the answer booklet for rough work purposes
5. All questions are **compulsory**.

Read carefully additional instructions preceding each section.

SECTION A: SHORT ANSWER QUESTIONS (20 MARKS)

Question 1:

- a. Differentiate between negligence and malpractice in mental health practice **(4 marks)**
- b. Identify FOUR ethical risks associated with dual relationship **(4 marks)**
- c. Explain TWO circumstance in which a boundary crossing may be ethically justifiable **(4 marks)**

Question 2:

A client with severe depression tells a therapist that she intends to poison her former partner but insists the discussion remain confidential.

- a. Explain TWO ethical principles involved in this case **(4 marks)**
- b. State FOUR appropriate immediate clinical action to be taken by the mental health professional **(4 marks)**

SECTION B: Compulsory-40 MARKS

Question 3:

A 32-year-old woman attending therapy for anxiety reveals ongoing severe domestic violence. She requests that the therapist not involve police or family members because she fears retaliation and economic abandonment.

- a. Using ethical principles, legal considerations, and clinical judgment, identify FIVE ethical issues presented in this case **(5 marks)**
- b. Discuss FIVE risks factors indicating possible danger escalation **(10 marks)**
- c. Develop an ethically appropriate safety and intervention plan **(5 marks)**

Question 4: Read the dilemma presented below and respond to the questions that follow.

Rex is an adult client receiving treatment Alexia, a mental health professional. Rex is presenting with severe clinical depression. During a session, Rex reveals a detailed plan to end his life. He explicitly beg the mental health professional not to tell anyone, stating that breaking their trust will completely destroy their willingness to seek therapy ever again.

- a. Explain the ethical conflict between two psychological principles created by this case. **(8 marks)**
- b. Apply the ethical decision-making model to resolve this case **(12 marks)**

End!