

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/09/6

Provide Child Counselling

March/April 2025



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

WRITTEN ASSESSMENT

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE

1. This paper consists of **TWO** sections: **A** and **B**.
2. Answer **ALL** questions in section A and **ANY THREE** (3) questions in section B.
3. Marks for each question are indicated in the brackets.
4. Candidates are provided with a separate answer booklet
5. Do not write on the question paper.

This paper consists of FIVE (5) printed pages

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A: (40 MARKS)

Attempt ALL questions in this section.

1. Define each of the following terms as used in child counselling. (4 Marks)
 - a) Oedipus Complex
 - b) Centration
2. Maryanne is a 9-year-old Grade 4 pupil at Majigambo Primary School. She has been experiencing difficulties concentrating in class, and her teacher referred her to therapy. Identify FOUR goals that Maryanne's therapist may focus on during her sessions. (4 Marks)
3. Counsellor Jullie ended a therapy session with her child client but informed her that they would continue with follow-up sessions, as this was not the final stage of their therapeutic relationship. Provide FOUR reasons why follow-up sessions are essential in child counselling. (4 Marks)
4. Identify THREE components of early life skills training that are important in a child's development. (3 Marks)
5. Counsellor Maurine, a child therapist, is always meticulous when preparing for a child therapy session. Mention FOUR factors she should consider while setting up a child counselling room. (4 Marks)
6. Children exhibit various instinctive responses at birth. Identify FOUR reflexes that are present at birth. (4 Marks)
7. Sigmund Freud's psychoanalytic perspective on personality development highlights unique developmental stages in children. State the FIVE Psychosexual Development Stages according to Freud. (5 Marks)
8. Counselling theories provide structured frameworks for understanding children holistically and determining appropriate intervention techniques. Provide FOUR theories commonly applied in child counselling. (4 Marks)
9. The use of evaluation tools in child counselling allows children to openly express themselves and provides insight into their behavioural patterns. Outline FOUR benefits of using evaluation tools in child counselling. (4 Marks)

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10. It is crucial for child counsellors to address their personal issues, particularly those rooted in their childhood, to ensure effective professional practice. Explain FOUR significance of counsellor supervision when working with children. (4 Marks)

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SECTION B (60 Marks)

Attempt any THREE questions in this section.

11. Last term, Mr. Matayo, the Head Teacher at St. Nixon Academy, convened a parents' meeting to discuss concerns about children's mental well-being and its impact on academic performance. Counsellor Janelle was the keynote speaker and explained how parenting styles could contribute to children's mental health issues. She presented anonymized case examples of challenges reported by children in therapy, leaving many parents shocked at how little they knew about their children. Parents also expressed curiosity about the strategies counsellors use to help children open up.
- a) Justify FIVE parental factors that contribute to mental health issues among children. (10 Marks)
 - b) Explain FIVE counselling skills that Counsellor Janelle may have applied while handling mental health issues among children at St. Nixon Academy. (10 Marks)
12. Attachment is a long-lasting emotional connection between a child and a caregiver that fosters security, comfort, and support. The quality of attachment significantly influences child development and overall psychological well-being.
- a) Explain FOUR stages of attachment that influence a child's quality of development. (8 Marks)
 - b) Examine SIX behavioural techniques that can be applied to help an 8-year-old boy regain his self-esteem and improve his psychological well-being. (12 Marks)
13. Erik Erikson expanded on Freud's developmental theory by introducing psychosocial stages of child development. He emphasized that at each stage, children encounter social experiences that shape their sense of self.
- a) Analyze the FIRST FIVE psychosocial stages of child development as proposed by Erik Erikson. (10 Marks)
 - b) You have recently been employed at HIMA Counselling Centre as a Child Therapist, where professionalism and ethical conduct are emphasized. Evaluate FIVE key qualities you are expected to uphold as a child therapist. (10 Marks)
14. Counsellor Bonke, a child therapist at Kipande Referral Hospital, frequently incorporates expressive arts therapy in his sessions. Expressive arts therapy integrates

various creative modalities to facilitate self-expression, emotional processing, and psychological healing among children.

- a) Justify FOUR types of creative arts that Counsellor Bonke may frequently use in expressive arts therapy. (8 Marks)
- b) Identify FOUR types of Expressive Arts Therapy techniques that can be applied to create a treatment plan suited to an individual's needs. (4 Marks)
- c) Discuss FOUR benefits of Expressive Arts Therapy in child counselling. (8 Marks)