



AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102105T6TCOH
Qualification : Counselling Psychology
Unit Code : HE/OS/CH/BC/05/6/A
Unit of Competency : Conduct Research Work in Counselling

WRITTEN ASSESSMENT

INSTRUCTIONS TO CANDIDATE:

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper.

This paper consists of THREE (3) printed pages
Candidates should check the question paper to ascertain that all pages
are printed as indicated and that no questions are missing.

SECTION A (40 MARKS)

Answer ALL questions in this section

1. Research in counselling is important in addressing psychological and social problems. State FOUR sources of a research problem. (4 Marks)
2. A research proposal serves as a roadmap for a study. Highlight FOUR components of a research proposal. (4 Marks)
3. To obtain relevant information from participants, a researcher must select appropriate methods of collecting data. State FOUR data collection methods used in counselling research. (4 Marks)
4. Researchers cannot study the entire population and therefore select a sample. Outline FOUR sampling techniques used in research. (4 Marks)
5. A counselling psychologist intends to conduct a study on depression among university students and will be collecting sensitive personal information from the participants. Identify FOUR ethical considerations in counselling research. (4 Marks)
6. After analyzing data on the effects of social media on adolescent mental health, a researcher needs to present the findings for decision-making. State FOUR methods of presenting research findings. (4 Marks)
7. Counselling center X has collected data on client satisfaction and intends to process the data before analysis. Identify FOUR data processing software used in research. (4 Marks)
8. Literature review is an important stage in the research process. State FOUR sources of literature. (4 Marks)
9. Research findings from a study on marital conflicts have been analyzed and documented for dissemination to stakeholders. Highlight FOUR benefits of a research report. (4 Marks)
10. Define the following terms as used in research. (4 Marks)
 - a) Research.
 - b) Population
 - c) Sample
 - d) Hypothesis

SECTION B (60 MARKS)

Answer Any Three questions in this section.

11. Counselling center Z has reported a significant increase in cases of depression among university students. Management has requested a study to establish the causes and possible interventions.
- a) Discuss FIVE components of a research proposal that would be included in planning this study. (10 Marks)
 - b) Explain FIVE benefits of preparing a research proposal before conducting the study. (10 Marks)
12. A non-governmental organization intends to investigate the effects of social media addiction on the mental health of adolescents in urban areas. The researchers plan to use questionnaires and interviews to collect data.
- a) Discuss FIVE disadvantages of using questionnaires while conducting this study. (10 Marks)
 - b) Explain FIVE challenges that researchers are likely to encounter during data collection. (10 Marks)
13. Student X is conducting a study on stress and burnout among healthcare workers in public hospitals.
- a) Describe FIVE sampling techniques that may be used in selecting respondents for the study. (10 Marks)
 - b) Explain FIVE characteristics of a good research instrument that may be used in this study. (10 Marks)
14. A researcher has completed a study on the effectiveness of peer counselling programmes in reducing drug abuse among secondary school students.
- c) Discuss FIVE benefits of conducting a literature review before undertaking the study. (10 Marks)
 - d) Describe FIVE ways in which research findings may be disseminated to stakeholders. (10 Marks)