



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF HEALTH SCIENCES
DEPARTMENT OF COMMUNITY HEALTH
DIPLOMA IN COMMUNITY HEALTH
END OF JANUARY-APRIL 2023 SEMESTER EXAMINATIONS**

UNIT CODE: DCHP 221
UNIT NAME: COMMUNITY NUTRITION
DATE: 4th April 2023
TIME: Two Hours
Start: 9.00 AM **Finish:** 11.00 AM

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. Answer All Questions in Section A
3. Answer Any TWO Questions in Section B
4. The exam shall take 2 Hours

SECTION A: SHORT ANSWER QUESTIONS

ANSWER ALL QUESTIONS - 20 MARKS

1. Outline any four coping mechanisms for nutritional security in the community (2 MKS)
2. State four nutritional risk factors in the community (2 MKS)
3. Outline four food quality and control procedures for nutrition safety in community (4 MKS)
4. Identify and list four community nutrition monitoring and evaluation strategies (2 MKS)
5. Highlight six nutrition interventions in the community (3 MKS)
6. Outline the methods for community nutritional assessment (4 MKS)
7. Identify six principles and requirements of community nutrition. (3 MKS)

SECTION B: LONG ANSWER QUESTIONS

ANSWER ANY TWO QUESTIONS - 40 MARKS

8. Explain any ten factors to be considered in the initiation and management of nutrition programs. 20 MKS
9. Evaluate methods of assessing the nutrition status of a community 20 MKS
10. Discuss food taboos and eating habits social and cultural aspects of various communities 20 MKS