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COMMUNITY HEALTH LEVEL 6

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HE/OS/CH/CR/04/6

Date: 24.11.2025 10:52 AM

Conduct Community Based Health Care

November /December 2025

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TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL (TVET CDACC)

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WRITTEN ASSESSMENT

Printed By: Amref International Training Center

Date: 24.11.2025 10:52 AM

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE

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1. This paper consists of **TWO** sections: **A** and **B**.
2. Attempt **ALL** questions in section **A** and **ANY THREE (3)** questions in section **B**.
3. Marks for each question are indicated in the brackets.
4. Candidates are provided with a separate answer booklet.
5. Do not write on the question paper.

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This paper consists of THREE (3) printed pages
Candidates should check the question paper to ascertain that all
pages are printed as indicated and that no questions are missing.

SECTION A (40 MARKS)***Attempt ALL the questions in this section.***

1. Palliative care is the care given to the terminally ill and their families that are extended from the health organization to the patients'. Identify FOUR essential components of palliative care (4 Marks)
2. During the world Tuberculosis (TB) day, community health promoters were used to create awareness about the tuberculosis and its effects. Outline any FOUR prevention measures of TB in the community. (4 Marks)
3. The rate of HIV new infection among the youths in Kenya is increasing every month according to the latest World's AIDs report. Highlight any FOUR risk factors that have led to the increase of new HIV infection among Kenyan youths. (4 Marks)
4. Stigmatization and discrimination in HIV infection is high, due to different myths and misconceptions about HIV in most communities which his has hindered the treatment adherence among HIV patients. State any FOUR myths and misconceptions about HIV/AIDs in your community. (4 Marks)
5. Integrated community case management (ICCM) is a strategy used to bring health interventions closer to the community. Identify any THREE roles of community health promoters in ICCM. (4 Marks)
6. Zoonoses are diseases transmitted from animals to human. Identify THREE modes of transmission of zoonotic diseases. (3 Marks)
7. Personal prevention from mosquito bites is among the community intervention used to control the spread of malaria in Kenya. Identify THREE methods of preventing mosquito bites. (3 Marks)
8. Psycho-active drugs are drugs that when taken, they alter with the normal body functioning. Outline FOUR types of psycho-active drugs. (4 Marks)
9. There are various indicators that can be used according to the health standard assessment that are used to monitor psycho-active drugs in communities. Highlight THREE health indicators. (3 Marks)
10. Mental illnesses are health conditions involving changes in emotion, thinking or behavior. Highlight any FOUR mental illnesses in Kenya. (4 Marks)
11. Risk factors are behaviors that have a likelihood to cause a disease. State THREE risk factors of non-communicable diseases. (3 Marks)

SECTION B (60 MARKS)***Answer any THREE questions in this section***

12. Community disaster preparedness refers to measures taken by the community to prepare for and reduce the effects of disaster in the community.

- a) Discuss FIVE steps used in preparing a community disaster preparedness. (10 Marks)
- b) Being able to access health care means that one can access a usual source of care easily and get their health needs met. Explain any FIVE barriers hindering access to basic health care in our communities. (10 Marks)

13. Counselling is a very important mode of behavioral intervention especially in the absence of an effective vaccine or a curative treatment while adherence to treatment means taking your medications exactly the way they are prescribed by the doctor.

- a) Describe FIVE Importance of counselling coinfecting patients with active TB. (10 Marks)
- b) Explain any FIVE Factors that influence adherence to treatment among HIV/AIDS patients. (10 Marks)

14. As the community health strategy focal person in sub-county X, you have been contracted to initiate and implement disease control programs aimed at reducing Malaria in your sub-county.

- a) Discuss FIVE Malaria control programs in Kenya. (10 Marks)
- b) The national malaria control program is working to achieve at least 80% malaria risks among Kenyan populations using appropriate prevention measures. Explain FIVE objectives of national malaria control program. (10 Marks)

15. Drug demand reduction involves efforts that are put in place to ensure the reduction of the demand of an illegal. The use of the psycho-active drug can therefore be controlled and reduced by the use of the drug demand reduction strategies.

- a) Highlight any THREE commonly abused drugs in Kenya. (3 Marks)
- b) Giving examples in each strategy discuss THREE drug demand reduction strategies. (9 Marks)
- c) Explain FOUR reasons of monitoring reasons for the monitoring of the use of the psycho-active drugs in the Society (8 Marks)