



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF HEALTH SYSTEMS MANAGEMENT AND DEVELOPMENT
BACHELOR OF SCIENCE IN HEALTH RECORDS AND
INFORMATIONMANAGEMENT
END OF SEMESTER EXAMINATION MAY-AUGUST 2026
HRI 212 PRINCIPLES OF COMMUNITY HEALTH
MAIN EXAMINATION

Date : 12th AUGUST 2026

TIME : Two (2) Hours Start-----5:30 PM-----End.....7:30 PM

INSTRUCTIONS TO CANDIDATES

- 1) This exam is out of 70 marks
- 2) Section-A is compulsory with a Total of 30 Marks
- 3) Answer any TWO (2) questions in Section B

Read carefully the additional instructions preceding each section.

SECTION A: SHORT ANSWER QUESTIONS (30 MARKS)

1. Define the following terms
 - i. Community Health Care. (2 marks)
 - ii. Health promotion? (2 marks)
 - iii. Health. (2 marks)
 - iv. Community participation (2 marks)

2. State two principles of community health care. (2 marks)
3. Outline two objectives of public health. (2 marks)
7. List three reasons why community health care is important. (3 marks)
8. Name three environmental factors that influence health. (3 marks)
9. Specify three lifestyle factors associated with non-communicable diseases. (3 marks)
10. Identify three functions of community health workers. (3 marks)
11. Give three public health strategies used to prevent disease. (3 marks)
12. Enumerate three special population groups that require targeted community health services. (3 marks)

SECTION B: ESSAY QUESTIONS (40 MARKS)

ANSWER ANY TWO QUESTIONS. .

Question One

- a. Discuss the rationale for community health care and explain its major principles. (10 marks)
- b. Describe the evolution of community health care from traditional approaches to modern community-based healthcare systems. (10 marks)

Question Two

A community has experienced an increase in communicable and non-communicable diseases despite having a health facility nearby. As a HRIO officer, analyze the five (5) major determinants of health that could be contributing to this situation and explain how each determinant influences the health status of the community (20 marks)

Question Three

A rural community has reported poor coordination of healthcare services, resulting in low immunization coverage, inadequate maternal healthcare, and poor management of chronic illnesses among older persons. As a Community Health Officer, analyze how healthcare services should be organized and managed at the community level to improve health outcomes. In your answer, describe the community health services that should be provided to mothers, children, and older persons. (20 marks)