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031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/09/6

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Provide Child Counselling

March/April 2026

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**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

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TIME: 1 HOUR

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INSTRUCTION TO THE ASSESSOR:

You are required to read these instructions and guide the candidate

INSTRUCTIONS TO CANDIDATE

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1. You will act as a school counsellor, and you will be required to counsel Arvin, a 9-year-old Grade 4 pupil who has been referred to you by his class teacher. The teacher will accompany him to the session due to the persistent and sudden changes observed in his behaviour.

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2. You are required to carry out the following practical tasks:

- Prepare to Provide Child counselling
- Provide Child counselling
- Evaluate Child counselling
- Terminate Child counselling

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3. You are provided with the following resources for the tasks

a) Counselling venue

- ✓ Serviettes
- ✓ 3 similar Seats
- ✓ Working wall clock
- ✓ Small-sized table
- ✓ Waste bin
- ✓ Clean drinking water and two similar cups

b) Stationery

- ✓ Pen (blue/black)
- ✓ 2 Foolscaps

c) Counselling Forms;

- ✓ Child intake form
- ✓ Consent form

✓ Referral form

d) Assessment tools

- ✓ Beck Depression Inventory for Youth (BDI-Y)
- ✓ Beck Anxiety Inventory for Youth (BAI-Y)
- ✓ Child Behaviour Checklist (CBCL)
- ✓ Trauma Symptom Checklist for Children (TSCC)

e) Play and expressive materials:

- ✓ 3 different toys per candidate, e.g., balls, dolls, toy cars
- ✓ 1 Drawing book
- ✓ 1 pencil
- ✓ 1 Modelling clay
- ✓ 3 different coloured Crayons
- ✓ 4 Sweets/biscuits
- ✓ 1 Mat

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