



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH**

**DEPARTMENT OF COMMUNITY HEALTH
&
DEPARTMENT OF HEALTH SYSTEMS MANAGEMENT AND
DEVELOPMENT**

**BACHELOR OF SCIENCE IN COMMUNITY HEALTH PRACTICE
&
BACHELOR OF SCIENCE IN HEALTH SYSTEMS MANAGEMENT
AND DEVELOPMENT**

JAN-APRIL 2026 END OF SEMESTER EXAM

UNIT CODE: HRI 107/CHP 115

UNIT NAME: Principles of Community Health I

TIME: TWO Hours Start: Finish

INSTRUCTIONS

- 1) This exam is marked out of 70 marks**
- 2) This exam comprises of two sections**
 - ✓ Section A: Compulsory questions (30marks)
 - ✓ Section B: Choose Two questions (each question is 20marks)

SECTION A: ANSWER ALL QUESTIONS

- 1) Explain **FIVE** reasons why community health approaches are important in addressing health challenges at the grassroots level **(5 marks)**
- 2) Outline **FIVE** key principles of Primary Health Care (PHC) that contributes to improved equity and access to health services **(5 marks)**
- 3) A community health programme is being planned in collaboration with local residents.
 - a) Explain the concept of community participation **(2marks)**
 - b) and highlight **THREE** reasons why community participation is important in the planning and implementation of community health programmes **(3 marks)**
- 4) Successful community health programmes often rely on trusted individuals within the community. Explain **FIVE** roles played by opinion leaders and gatekeepers in the effective implementation of community health programmes **(5 marks)**
- 5) Outline **FIVE** reasons that justify the need for community health programmes in addressing emerging diseases, lifestyle-related illnesses, and climate-related health risks **(5 marks)**
- 6)
 - a) Define 'community diagnosis' and
 - b) State **THREE** main purposes of community diagnosis in community health practice **(3 marks)**

SECTION B

Answer any two questions from this section

QUESTION 7

- a) Describe **FIVE** dimensions of health and explain how each dimension contributes to overall well-being at the community level, using relevant examples where appropriate **(10 marks)**
- b) Explain **FIVE** key components of the community health structure in Kenya that strengthens PHC and contributes to the attainment of Universal Health Coverage **(10 marks)**

QUESTION 8

- a) Discuss **FIVE** key roles played by community health in the formulation and implementation of national health policies, illustrating how community-level evidence and participation influence policy decisions and outcomes **(10 marks)**
- b) Describe **FIVE** key steps involved in the community mobilization process that contributes to effective, inclusive, and sustained community action **(10 marks)**

QUESTION 9

- a) Discuss **FIVE** major determinants of health that shapes health outcomes at the community level, using relevant examples **(10 marks)**
- b) Examine **FIVE** key challenges that have influenced the evolution, implementation, and sustainability of PHC and CBHC programmes in Africa **(10 marks)**