



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
DIPLOMA IN COMMUNITY HEALTH
END OF SEMESTER EXAMINATION APRIL 2025

UNIT CODE: DCHP 216 **UNIT NAME:** Drug and substance abuse
DATE: April, 2025
TIME: Two Hours **Start: 9:00AM Finish 11:100AM**

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (20 marks)
Section B: Long Answer Questions (40 marks)

Section A: Compulsory Question (20 marks)

QUESTION ONE

- 1) List five Psychoactive drugs found in the African continent (5 marks)
- 2) Highlight five reasons why parenting style can influence future drug use amongst youth (5 marks)
- 3) Outline some of the public health problems associated with the use of alcohol (5 marks)
- 4) State five factors that influence drug addiction? (5 marks)

Section B: Long Answer Questions (40 marks)

ANSWER ANY TWO (2) QUESTIONS (40 Marks)

QUESTION TWO:

- 1) Discuss the influence of a large social and physical environment on drug and substance abuse (4 marks)
- 2) In 2018, the government of Canada legalised the use of Marijuana for recreational use. Discuss three consequences of such a decision in the context our current society (6 marks)

- 3) What are the signs of intoxication resulting from the use of the following drugs: (10 marks)
- (i) Mandrax
 - (ii) Phenylcyclohexyl piperidine (PCP)
 - (iii) Marijuana
 - (iv) Heroin
 - (v) Alcohol

QUESTION THREE

- 1) Explain three of NACADA guidelines on the prevention and management of drug and substance abuse in basic learning institutions (9 marks)
- 2) As a community health promotor, explain three reasons why addicts should not be labelled as weak or bad people, and they deserve to be locked up in jail (6 marks)
- 3) Underline some of the initiatives which can be used to reduce the demand for psychoactive substances. (5marks)

QUESTION FOUR

- 1) Explain the medical model related to drug and substance abuse (5 marks)
- 2) Morphine is an anti-inflammatory opioid drug that is prescribed for the management of pain. Discuss the circumstances where its use becomes illegal (5 marks)
- 3) Your younger brother's academic performance has been poor for the last two years and you recently find out that he got some new friends who introduced him to the use of cannabis. Answer the following questions
 - (i) Outline five signs that which can you help confirm your suspicion (5 marks)
 - (ii) Explain any five steps that you will take so that you may be able to help him (5 marks)