



**AMREF INTERNATIONAL UNIVERSITY
UNIVERSITY EXAMINATIONS
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES
ADVANCED DIPLOMA IN APPLIED MENTAL HEALTH PRACTICE (ADAMHP)
END OF JANUARY/APRIL 2026 SEMESTER EXAMINATION**

COURSE CODE/TITLE: ADMH 102 Assessments in Mental Health & Practicum

DATE:15TH APRIL 2026 TIME:2 HOURS START: 4:00PM STOP: 6:00PM

Instructions

1. This exam is marked out of 60 marks
2. This examination comprises TWO Sections
Section A: Short Answer Questions (20 Marks)
Section B: Long Answer Questions and/or Case Scenarios (40 Marks)
3. This exam shall take 2 Hours
4. Write your University registration number on every booklet that you use
5. Do not write on the question paper. Use back of the answer booklet for rough work purposes
6. All questions are **compulsory**

Read carefully additional instructions preceding each section

SECTION A: MULTIPLE CHOICE AND SHORT ANSWER QUESTIONS (20 MARKS)

Answer ALL questions

Part I: Multiple Choice Questions (5 Marks)

(Each question carries 1 mark)

Question 1: (1 mark)

A psychological test is administered to the same group of clients on two different occasions and produces similar scores. This type of reliability is known as:

- A. Inter-rater reliability
- B. Internal consistency reliability
- C. Test-retest reliability
- D. Parallel-forms reliability

Question 2: (1 mark)

A depression screening tool accurately measures symptoms of depression and correlates strongly with other established depression scales. This best demonstrates which type of validity?

- A. Face validity
- B. Content validity
- C. Construct validity
- D. Inter-rater validity

Question 3: (1 mark)

In psychological testing, a client scores at the 75th percentile on an anxiety inventory. This means that:

- A. The client answered 75% of the questions correctly
- B. The client scored higher than 75% of the normative group
- C. The client's score is 75 out of 100
- D. The client is in the top 25% of the population only

Question 4: (1 mark)

Stanine scores are best described as:

- A. Raw scores converted into percentages
- B. Scores divided into nine categories with a mean of 5 and standard deviation of approximately 2
- C. Scores based on a 100-point scale
- D. Scores that compare performance to a fixed criterion

Question 5: (1 mark)

Which statement best distinguishes norm-referenced from criterion-referenced assessment instruments?

- A. Norm-referenced tests compare individuals to a fixed standard, while criterion-referenced tests compare individuals to each other
- B. Norm-referenced tests compare individuals to each other, while criterion-referenced tests measure performance against a defined standard
- C. Both types of tests compare individuals to a normative sample
- D. Criterion-referenced tests are only used in educational settings, while norm-referenced tests are used in clinical settings only

Part II: Short Answer Questions (15 Marks)

(Each question carries 5 marks)

Question 6:

- a) Outline the historical development of psychological testing, highlighting TWO key milestones and explaining how they influenced modern psychological assessment. (5 marks)
- b) Classify FOUR major types of psychometric tests and give ONE example of each.
(5 marks)
- c) Describe FIVE key characteristics of a good psychological assessment tool and briefly explain why each characteristic is important. (5 marks)

SECTION B: ESSAY QUESTIONS (40 MARKS)-Answer ALL questions

Question 6:

A clinical officer working in a district hospital mental health clinic is required to assess a 32-year-old woman presenting with poor concentration, mood changes, and functional decline over 6 months.

- a) Explain FIVE roles of psychological assessment planning for this client. (10 marks)
- b) For EACH of the following psychological assessment techniques:
 - i) Explain ONE key strength and ONE major limitation a Clinical interview (2 marks)
 - ii) Explain ONE key strength and ONE major limitation of Intelligence testing (2 marks)
 - iii) Explain ONE key strength and ONE major limitation of personality testing (2 marks)
 - iv) Explain ONE key strength and ONE major limitation of Neuropsychological screening (2 marks)

v) Explain ONE key strength and ONE major limitation of Behavioural assessment (2 marks)

Question 7:

A psychologist is asked to conduct an assessment for a 15-year-old student referred by school due to declining academic performance, behavioural problems, and suspected emotional difficulties.

a) Discuss FOUR principles involved in selecting, administering, and interpreting psychological tests for this adolescent. (8 marks)

b) Describe the structure and content of a psychological report based on this assessment

(12 marks)

End.

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