

**102106T4COH**  
**COMMUNITY HEALTH LEVEL 6**  
**HE/OS/CH/CR/02/6**  
**Conduct Community-Based Health Care**  
**July/August 2025**



**AMREF INTERNATIONAL TRAINING CENTER**

**WRITTEN ASSESSMENT**

**Time: 3 HOURS**

**INSTRUCTIONS TO CANDIDATE**

1. You have **THREE** hours to answer all the questions.
2. Marks for each question are indicated in the brackets.
3. The paper consists of **TWO** sections: A and B.
4. Do not write on the question paper.
5. A separate answer booklet will be provided.

*This paper consists of **THREE (3)** printed pages*

*Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing*

**SECTION A: (40 MARKS)**

*Answer ALL the questions in this section*

1. Mental health disorders are a range of disorders that affect an individual's emotional, cognitive and behavioral well-being. Mention FOUR common mental health disorders in your community. [4 Marks]
2. A disaster is a serious disruption of the community or society causing widespread human, material, economic or environmental losses. Enumerate THREE examples of natural disasters in the community [3 Marks]
3. World Health Organization recommends a period of education aimed at maximizing drug adherence. State THREE factors contributing to non-adherence of antiretroviral. [3 Marks]
4. State TWO reasons why defaulter tracing of Tuberculosis patients is an important aspect of community-based health care. [2 Marks]
5. Mention THREE major signs and symptoms that suggest a child could be having pneumonia [3 Marks]
6. Outline THREE reasons why women are more pre-disposed to HIV as compared to men [3 Marks]
7. Suggest FOUR non-communicable diseases you will cover during a community health training [4 Marks]
8. The goal of ICCM is to provide timely and effective healthcare to children. Identify FOUR procedure for child care. [4 Marks]
9. Highlight FOUR risk factors contributing to the transmission of Tuberculosis [4 Marks]
10. Community based healthcare services play a crucial role in promoting health. Outline THREE of the services you will offer at community level. [3 Marks]
11. Human immunodeficiency virus (HIV) is a significant public health burden in Kenya. Highlight THREE ways of preventing the spread of HIV infection in the community [3 Marks]

12. Being able to access health care services means that one can access a usual source of care easily and get their health needs met. Outline any FOUR barriers to health services within the community [4 Marks]

**SECTION B (60 MARKS)**

*Answer any THREE questions in this section*

13. Palliative care needs is the care given to the terminally ill and their families that are extended from the health organization to the patients' homes.
- a) Discuss FIVE essential components of palliative care [10 Marks]
  - b) Describe FIVE holistic care provided to a cancer patient [10 Marks]
14. Malaria is a life-threatening disease and its symptoms vary depending on the infecting species and previous exposure. World Health Organization classifies it as a vector-borne disease.
- a) Differentiate between Endemic and Epidemic Malaria patterns. [4Marks]
  - b) Describe TWO plasmodium species that cause malaria. [4 Marks]
  - c) Identify TWO clinical manifestations of malaria. [2 Marks]
  - d) Mention THREE complications of malaria. [3 Marks]
  - e) Explain THREE ways in which malaria can be prevented in your community. [6 Marks]
15. Disasters are the ultimate test of a community's emergency response capability. A thoughtful and well-organized emergency strategy will be able to quickly adjust and adapt to unforeseen situations and complications.
- a) Define the term 'Disaster.' [2marks]
  - b) Giving examples, explain THREE types of disasters that can occur in your community. [6 Marks]
  - c) Discuss FOUR phases of disaster management cycle. [12 Marks]
16. You have been tasked to develop psycho-active drugs demand reduction strategies in your community.
- a) Define the term psychoactive drug. [2 Marks]
  - b) Explain TWO consequences of using psycho-active drugs. [4 Marks]
  - c) Giving examples identify FOUR classifications of psychoactive drugs. [4 Marks]

- d) Discuss FIVE psycho-active drugs demand reduction strategies you can use in y our community. [10 Marks]

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