



AMREF INTERNATIONAL TRAINING CENTRE

**MATERNAL, NEWBORN AND CHILD HEALTH CARE
DIPLOMA IN COMMUNITY HEALTH AND DEVELOPMENT
HE/CU/CH/CR/02/5/MA**

Maternal, Newborn and Child Health Care

July/August 2026

END OF SEMESTER EXAMINATION

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE

- Marks for each question are indicated in the brackets.
- The paper consists of TWO sections: A and B.
- Candidates are provided with a separate answer booklet.
- **DO NOT** write on this question paper.

This paper consists of THREE printed pages

*Candidates should check the question paper to ascertain that all pages are printed as indicated
and that no questions are missing.*

SECTION A (40 MARKS)
Answer ALL questions in this section

1. Following a perinatal death in a village in Baringo, the Community MPDSR committee plans to conduct a verbal autopsy. State TWO principles of conducting a community verbal autopsy with respect and sensitivity to the bereaved family. **(2 marks)**
2. A CHP in Machakos is creating demand for family planning services among newly married couples. State TWO criteria used to determine a client's eligibility for a given family planning method. **(2 marks)**
3. While conducting a household mapping exercise in Bungoma, a CHP identifies five children under five years who have never been immunized. Outline THREE actions the CHP should take to link these children to immunization services. **(3 marks)**
4. A first-time mother in Garissa is being supported by a CHP to develop an individual birth plan. Outline THREE components that should be included in a birth plan? **(3 marks)**
5. During a postnatal home visit in Kakamega, a CHP notes the mother appears withdrawn and tearful two weeks after delivery. State TWO postnatal complications that present with psychological or mental health symptoms, and give ONE action the CHP should take. **(3 marks)**
6. During a household visit in Nyamira, a mother asks the CHP about the side effects of the implant after hearing rumors from neighbors. Identify THREE common pieces of family planning misinformation in the community and the correct information the CHP should give for each. **(3 marks)**
7. A CHP in Turkana is supporting a new mother to practice nurturing care for her newborn. List FOUR components of nurturing care. **(4 marks)**
8. A mother in Kisii brings her 9-month-old infant for routine immunization and asks the CHP what reaction to expect. Differentiate between a mild and a severe adverse event following immunization (AEFI), giving ONE example of each. **(4 marks)**
9. A CHP in Homa Bay is conducting growth monitoring for a group of children under five at a community health unit. List FOUR parameters assessed during growth monitoring. **(4 marks)**
10. During a community dialogue day in Kwale, members are sensitized on forming a Community MPDSR committee. List FOUR categories of persons who should sit on this committee. **(4 marks)**
11. A CHP in Wajir is notified of a maternal death that occurred at home. State TWO MOH reporting tools used in maternal and perinatal death surveillance and response, and the purpose of each. **(4 marks)**
12. A community health promoter (CHP) in Kibra is conducting mapping of pregnant mothers in her unit per MOH standards. State FOUR pieces of information that should be captured when mapping a pregnant mother. **(4 marks)**
13. Wanjiru, a CHP in Kitui, identifies a pregnant mother at 32 weeks gestation with sudden swelling of the face and hands. List FOUR pregnancy danger signs the CHP should be alert to during home visits, besides oedema. **(4 marks)**

SECTION B (60 MARKS)
Answer ANY THREE questions in this section

14. A CHP attached to a community health unit in Kiambu is following up Akinyi, a 26-year-old woman who is 28 weeks pregnant with her second child.

(a) Discuss FIVE components of ANC services the CHP should coordinate for Akinyi from mapping to facility linkage. **(10 marks)**

(b) Explain FIVE elements of nutritional assessment the CHP should carry out for Akinyi during this pregnancy. **(10 marks)**

15. Fatuma delivered a baby girl two weeks ago at a health facility in Mandera and has since returned home. A CHP is conducting routine postnatal follow-up.

(a) Describe FIVE postnatal complications the CHP should watch out for during follow-up visits with Fatuma. **(10 marks)**

(b) Discuss FIVE aspects of psychosocial support the CHP should provide to Fatuma during the postnatal period. **(10 marks)**

16. A ward administrator in Vihiga requests CHPs to intensify community education on family planning and immunization to boost uptake, following a needs assessment that showed low coverage of both services.

(a) Explain FIVE strategies a CHP can use to create demand for family planning services in this community. **(10 marks)**

(b) Describe FIVE strategies a CHP can use to create demand for immunization services among caregivers of children under five. **(10 marks)**

17. A maternal death is reported in a remote village in Samburu County. The sub-county health management team activates the Community MPDSR process and tasks the local Community MPDSR committee with response.

(a) Discuss FIVE roles of the Community MPDSR committee in responding to this maternal death. **(10 marks)**

(b) Describe FIVE steps the committee should follow in conducting and documenting a community verbal autopsy for this case. **(10 marks)**