

031306T4PSY

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COUNSELLING PSYCHOLOGY LEVEL 6

Date: 04.03.2026 12:00 PM

PSY/OS/CO/CR/04/6

Provide Trauma Counselling

March/April 2026

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TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION COUNCIL (TVET CDACC)

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PRACTICAL ASSESSMENT

Time: 1 HOUR

INSTRUCTIONS TO THE CANDIDATE

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1. In this assessment, you are required to perform the following tasks:

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- i. Prepare to Provide Trauma Counselling
- ii. Provide Trauma Counselling
- iii. Evaluate Trauma Counselling
- iv. Terminate Trauma Counselling

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2. The following resources will be provided to the candidate

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a) Serviettes

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- b) 3 similar Seats
- c) Working wall clock
- d) Small-sized table
- e) Waste bin
- f) Clean drinking water and 2 similar cups
- g) Counselling venue

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h) Forms:

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- ✓ Client intake form
- ✓ Consent form
- ✓ Referral form
- i) Assessment tools:

✓ PTSD Checklist for DSM-5 (PCL-5)

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Date: 04.03.2026 12:00 PM ✓ Beck Anxiety Inventory (BAI)

✓ Beck Depression Inventory (BDI-II)

✓ Impact of Event Scale – Revised (IES-R)

✓ The Compassion Fatigue Self-Test

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j) 1 Pens: blue or black

k) 2 Foolscaps

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