



AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102106T4COH
Qualification : Community Health Level 5
Unit Code : HE/OS/CH/CR/07/5/A
Unit of Competency : Coordinate Community Health Strategies

WRITTEN ASSESSMENT

Time: 3 HOURS

INSTRUCTION TO CANDIDATE

1. Marks for each question are indicated in the brackets
2. This paper consists of **TWO** sections: **A** and **B**
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper

This paper consists of THREE (3) printed pages

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A (40 MARKS)

Answer ALL questions in this section

1. Community health strategies empower individuals to make informed decision about the services being offered in the community. Outline **FOUR** preventive health services that can be offered by Community Health Assistant. (4Marks)
2. In County X, community health workers (CHWs) are selected and employed according to the instructions of the Ministry of Health (MOH). Identify **FOUR** factors to consider in the selection of community health volunteers (4Marks)
3. Community health volunteers are continuously mentored and supervised to ensure quality and skills improvement. Enumerate **FOUR** principles of supervision that are applied among health workers. (4 marks)
4. Community health volunteers are individuals assigned to a community health unit and act as a bridge to the community and the health facilities. Outline **FOUR** roles of community health volunteers. (4 Marks)
5. The current health policy requires all community health volunteers to complete a 10day ministry of health – led basic training before they begin their work. Highlight **FOUR** methods that can be used to train community health volunteers (4 Marks)
6. An effective community health committee is important in making the health services in the community to be efficient. The performance of the committee is managed by monitoring its activities according to the established community health annual work plan. Name **FOUR** components of the community health annual work plan. (4 Marks)
7. Community health committee is selected at the sub-chief’s office to govern a community health unit. Highlight **THREE** selection methods employed when constituting the committee. (3 Marks)
8. As the designate community health assistant in village X, you want to recognize the best performing community health volunteers to boost their morale. Outline **THREE** qualities that can be used to identify the high-performing workers. (3 Marks)
9. An NGO has introduced a new strategy to support breast feeding mothers. One year since its inception, only 2% of the breast-feeding mothers have enrolled in the program. Identify **FOUR** reasons that can make community health strategy to fail. (4 marks)

10. As a new community health assistant in Malebo Village, you are required to conduct community mobilization so to address emerging health issues. Outline **THREE** importance of conducting community entry before you launch any health-related program. (3 Marks)
11. Community advocacy is a strategic approach used to influence outcomes and bring change on behalf of a community. State **THREE** advocacy activities done by community health assistants (3Marks)

SECTIONB (60 MARKS)

Answer Any Three Questions in This Section

12. Vila village in county Y has been experiencing repeated cholera outbreak for the past two years despite Community Health Promoters (CHPs) interventions. You have noted that they are less motivated. As a CHP lead person, you are required to carry out appraisal process for CHPs, focusing on their performance.
- a). Describe **FOUR** goals of a performance appraisal (8 Marks)
- b) Explain **SIX** steps you will consider when conducting performance appraisal. (12 Marks)
13. Marari village in county K is a remote area experiencing high maternal and child mortality rates due to complication during and after-birth childbirth. As a community health worker, you have been tasked to identify the underlying problems.
- a) Explain **FIVE** methods of identifying health needs of Pregnant mothers. (10 Marks)
- b) Discuss **FIVE** socio-economic causes of high maternal and child mortality in County K (10 Marks)
14. The community health needs assessment reports 2023, indicated that there are increased cases of homelessness in County X. Your Sub- County is leading in the recently concluded survey. To mitigate the problem, you have to embrace community partnership and inter-sectoral collaborations.
- a) Explain **FIVE** benefits of community partnership and inter-sectoral collaborations. (10 Marks)
- b) Describe **FIVE** stakeholders you engage to address the above-mentioned problem in County X (10 Marks)
15. Social mobilization is one of the contributing activities that led to the increased uptake of modern contraceptive methods by women of reproductive age in various counties in

Country Z. As a community health you have been provided with Ksh. 2,000,000 budgets to carry out more outreach programs to address other health related issues in the county.

- a) Describe **FIVE** roles of social mobilization strategy (10 Marks)
- b) Explain **FIVE** challenges you may encounter when conducting social mobilization in County Z (10 Marks)

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