



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
MASTER OF PUBLIC HEALTH
END OF SEMESTER EXAMINATION**

MSH 720: Adolescent, Sexual and Reproductive Health

DATE: 28th April, 2023

TIME: Three Hours

Start: 1600 Hours

Finish 1900 Hours

INSTRUCTIONS

1. This exam is marked out of 100 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (25 marks)
Section B: Long Answer Questions (75 marks)
3. All questions in Section A are compulsory and Answer any THREE questions in Section B
4. This online exam shall take 3 Hours
5. Late submission of the answers will not be accepted
6. Ensure your web camera is on at all times during the examination period
7. No movement is allowed during the examination
8. Idling of your machine for 5 min or more will lead to lock out from the exam
9. The Learning Management System (LMS) has inbuilt integrity checks to detect cheating
10. Any aspect of cheating detected during and or after the exam administration will lead to nullification of your exam
11. In case you have any questions call the invigilator for this exam on Tel. +254 722300279 and or the Head of Department on Tel +254720573449
12. For adverse incidences please write an email to: amiu.examinations@amref.ac.ke

SECTION A: COMPULSORY (25 MARKS)

Q1. Answer the following questions;

- a) Define adolescence and explain the importance of this stage an individual's life
(10 marks)
- b) Explain the importance of the following concepts in Adolescents sexual and reproductive health (ASRH)
- i. Body image (5 marks)
 - ii. Local and international organisations (5 marks)
 - iii. Male involvement (5 marks)

SECTION B: ANSWER ANY THREE (3) QUESTIONS(75 MARKS)

- Q2.** The HIV/AIDs pandemic has been around for several decades now.
- a. Describe the impact it has had on sexual reproductive health of adolescents and youths. (15 marks)
 - b. How can the negative impact be mitigated? (10 marks)
- Q3.** You are a mother of form one fourteen-year-old who has gone to boarding for the first time. At the end of the year, when he comes home for holiday you notice she looks withdrawn and not interested in spending time with the members of the family. Instead, his main interest is in using the mobile phone particularly when the internet is available. You also note that his grades in school had dropped throughout the year.
- a) What are the different issues that could be affecting the behaviour and performance of this adolescent? (10 marks)
 - b) What practical help can be offered to help him. (15 marks)
- Q4.** Adolescent pregnancies continue to be a challenge particularly in the low and medium resource settings.
- a. What factors contribute to this challenge? (10 marks)

b. How can the above challenge be addressed? **(15 marks)**

Q5. An NGO has gotten funding to work with adolescents in a certain area to promote sexual and reproductive health of the adolescents. During their baseline study they identify that the adolescents do not seek SRH services from the facilities even though they have needs.

a) Why do you think the adolescents are not utilising the services? **(10 marks)**

b) Describe how this organisation should go about addressing this challenge, including the different factors that they need to consider. **(15 marks)**

Q6. Maria is a 14-year-old girl who is a student in your school. She confides with you that she had received some information through her cousin that the family intends to marry her off during the upcoming holiday. She had previous discussions with her family where she opposed being married off and instead chose to continue with her education. However, the family seems determined to go ahead.

a. What might be making this family prefer marrying off the daughter at this point in her life against her will? **(10 marks)**

b. How should this challenge be dealt with to save not only Maria but many others facing similar circumstances **(15 marks)**