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031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/CU/CO/CR/12/6

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Provide Workplace Counselling services

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March/April 2026

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TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION

COUNCIL (TVET CDACC)

PRACTICAL ASSESSMENT

Time: 1 HOUR

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INSTRUCTIONS TO THE CANDIDATE

1. In this assessment, you are required to perform the following tasks:

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i. Prepare to provide workplace counselling

ii. Provide workplace counselling

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iii. Evaluate workplace counselling

iv. Terminate workplace counselling Contract

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2. The following resources will be provided to the candidate

a) Serviettes

b) 3 similar Seats

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c) Working wall clock

d) Small-sized table

e) Waste bin

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f) Drinking water and 2 similar cups

g) Counselling venue

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h) Counselling Forms:

✓ Client intake form

✓ Consent form

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✓ Referral form

i) Assessment tools:

✓ GAD-7 (Generalized Anxiety Disorder Inventory)

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✓ Perceived Stress Scale (PSS)

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✓ Rosenberg Self-Esteem Scale

✓ Maslach Burnout Inventory (MBI)

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j) 1 Pens: blue or black

k) 2 Foolscaps

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