

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/10/6

Provide Adolescent Counselling

Nov/Dec 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

INSTRUCTIONS TO PERSON ACTING AS CLIENT

1. Rehearse the following excerpt which captures the content of what you will present to the counsellor in a simulated situation where you act as a client.
2. You have 10 minutes to rehearse.

EXCERPT

Grace, who has been discontinued from college due to failing several subjects, has run away from home and is now living with her college friend Carol in a one-room house in the slums. After her secondary school exams, Grace had intended to pursue a degree in architecture, but she did not perform well in mathematics. To improve her grade, she repeated her exams and managed to qualify for a diploma in architecture. However, her father refused to let her pursue it, insisting that she study accounting instead. Her father, who works in finance, believed that his connections

could secure her a job, as they had for her three elder sisters, who now work in banks and financial institutions.

Despite her protests, Grace was enrolled in a prestigious accounting college, but she struggled, constantly failing her exams. She felt overwhelmed, especially since she had previously struggled with mathematics, a key subject in accounting. On exam days, she often found herself paralyzed with fear or panic, unable to complete her exams. Faced with the fear of her father discovering her academic failures, Grace decided to run away and roam the streets. Her mother eventually found her and arranged for her to meet with a counsellor.