



**AMREF INTERNATIONAL UNIVERSITY  
SCHOOL OF PUBLIC HEALTH**

**DEPARTMENT OF COMMUNITY HEALTH**

**BACHELOR OF SCIENCE IN COMMUNITY HEALTH PRACTICE**

**MAY-AUGUST 2026 END OF SEMESTER EXAM**

**UNIT CODE: HRI 107/CHP 115**

**UNIT NAME: Principles of Community Health I**

**DATE: 6<sup>TH</sup> AUGUST 2026**

**TIME: TWO Hours      Start:9:00am      Finish11:00am**

**INSTRUCTIONS**

- 1) This exam is marked out of 70 marks**
- 2) This exam comprises of two sections**
  - ✓ Section A: Compulsory questions (30marks)
  - ✓ Section B: Choose Two questions (each question is 20marks)

## SECTION A: ANSWER ALL QUESTIONS

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- 1) State **FIVE** reasons why community health approaches are important in addressing health challenges at the grassroots level **(5 marks)**
- 2) Outline **FIVE** key principles of Primary Health Care (PHC) that contributes to improved equity and access to health services **(5 marks)**
- 3) A community health programme is being planned in collaboration with local residents.
  - a) Explain the concept of community participation **(2marks)**
  - b) Highlight **THREE** reasons why community participation is important in the planning and implementation of community health programmes **(3 marks)**
- 4) Successful community health programmes often rely on trusted individuals within the community. Identify **FIVE** roles played by opinion leaders and gatekeepers in the effective implementation of community health programmes **(5 marks)**
- 5) Outline **FIVE** reasons that justify the need for community health programmes in addressing emerging diseases, lifestyle-related illnesses, and climate-related health risks **(5 marks)**
- 6)
  - a) Define 'community diagnosis' **(2marks)**
  - b) State **THREE** purposes of community diagnosis in community health practice **(3 marks)**

## SECTION B

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**Answer any two questions from this section**

### QUESTION 7

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- a) Using appropriate examples describe **FIVE** dimensions of health and explain how each dimension contributes to overall well-being at the community level **(10 marks)**
- b) Explain **FIVE** components of the community health structure in Kenya that strengthens PHC and contributes to the attainment of Universal Health Coverage **(10 marks)**

### QUESTION 8

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- a) Discuss **FIVE** roles played by community health in the formulation and implementation of national health policies **(10 marks)**
- b) Describe **FIVE** steps involved in the community mobilization process that contributes to effective, inclusive, and sustained community action **(10 marks)**

### QUESTION 9

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- a) Discuss **FIVE** determinants of health that shapes health outcomes at the community level, using relevant examples **(10 marks)**
- b) Examine **FIVE** challenges that have influenced the evolution, implementation, and sustainability of PHC and CBHC programmes in Africa **(10 marks)**