



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES
Kenya Registered Community Health Nursing
End Semester April 2025 Examinations

COURSE CODE AND TITLE: DNS 311 Community Health II

DATE: 7-4-2025

TIME: 2 HOURS

Start: 11:15AM

Finish: 1:15PM

INSTRUCTIONS

- 1. This exam will be marked out of 70 Marks**
- 2. ALL Questions are compulsory.**
- 3. The Examination has Three Sections: Section I- Multiple Choice Questions, Section II: Short Answer Questions, Section III: Long Essay Questions**
- 4. Answer all Questions in the ANSWER BOOKLET provided**
- 5. Do not write anything on the question paper**
- 6. Use the back of your booklet for rough work if need be.**

SECTION I: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. A nurse encourages community participation by:

- A. Invite people from civic organizations.
- B. Refer to the doctor for prescriptions.
- C. Encourage sponsorship of programs.
- D. Listen when people relate their problems.

2. Which one of the following is **true** about the community health process:

- A. Identification of health risks and available resources
- B. Raising awareness on specific health issues
- C. Building community spirit of self-reliance and ownership
- D. Involves community mobilization

3. Which of the following best describes primary healthcare:

- A. Emergency services
- B. Comprehensive, accessible care
- C. Specialized medical treatment
- D. Hospital-based care

4. Which method is most effective for gathering community health data:

- A. Surveys and questionnaires
- B. Informal discussions
- C. Social media campaigns
- D. Health record review

5. To change behavior of a group or community, they should:

- A. Accept the nurse to identify their health needs
- B. Focus only on health promotion and prevention of diseases
- C. Perceive the given health problem
- D. Accept local NGOs to make decision on their behalf

6. The following are sociocultural factors affecting health of a community **except**:

- A. Religion
- B. Social norms
- C. Economy
- D. Community size

7. Which one of the following is **NOT** an essential element of Primary Health Care:

- A. Multi Sectoral Approach
- B. Community involvement
- C. Appropriate technology
- D. Qualification of health providers

8. The following are pillars of Primary Health Care :

- A. Nutrition, maternal child health, immunization.
- B. Science, culture, sustainability.
- C. Intersectorial collaboration, equity, manpower development.
- D. Dental health, local disease control, equity.

9. The following statement is **true** about sustainable development goals:

- A. Apply uniformly to all countries
- B. Apply to countries in the developing world
- C. They contain seven goals
- D. They took effect in January 2015 and run through 2030

10. When providing clinical services to the community members the nurse emphasizes the following **except**:

- A. Holistic care
- B. Expanded skills
- C. Health promotion
- D. Assertiveness

11. The following statement is **true** about community health promoters:

- A. They provide level 1 services
- B. They play a supervisory role
- C. They provide leadership for managing level 1 services and activities
- D. They consist of representatives from different groups and villages.

12. Basic principles which govern the implementation of primary health care are:

- A. Equity, manpower development, community participation
- B. Appropriate technology, equity, accessibility
- C. Equity, appropriate technology, sustainability
- D. Acceptability, accessibility, community participation

13. The Alma-Ata Declaration of 1978 emphasized:

- A. The importance of hospital-based care
- B. Privatization of health services
- C. Health as a fundamental human right
- D. Specialization in medical fields

14. The primary goal of a community health needs assessment:

- A. To develop hospital infrastructure
- B. To identify and address specific health issues within a community
- C. To implement tailored interventions.
- D. To plan for the community health projects.

15. Which of the following best describes the concept of disaster mitigation?

- A. Immediate emergency response
- B. Reducing the long-term risk and impact of disasters
- C. Post-disaster legal actions
- D. Reporting to authorities

16. Which of the following is a key health concern for the elderly in the community?

- A. Injuries
- B. Acute infectious diseases
- C. Mental health disorders
- D. Chronic diseases and mobility issues

17. In addressing the needs of people living with chronic illnesses, community health programs should focus on:

- A. Short-term treatments
- B. Long-term management
- C. Specialized treatment.
- D. Access to healthcare facilities

18. Elements of primary health care added by the Kenyan government include:

- A. Local disease control; Expanded Programme on Immunization; Malaria control
- B. Eye care; dental care; Maternal and child health care and family planning.
- C. Mental health; dental care; community rehabilitation.
- D. Expanded Programme on Immunization; Maternal and child health care and family planning; eye care

19. Purposes of community diagnosis include all the following **except**:

- A. Identification and quantification of health problems
- B. Identification of those who are at risk
- C. Determine level of dependency in the community
- D. Identification of community needs and problems

20. Exploration is critical during community diagnosis as it:

- A. Ensures community sensitization
- B. Collects crucial data about the community
- C. Identifies actual health needs of the community
- D. Creates a collaborative plan for all identified needs

SECTION II: SHORT ANSWER QUESTIONS (30 MARKS)

1. State six (6) life cycle cohorts as per the Kenya Essential Package for Health (6Marks)
2. Differentiate between primary health care and community health strategy (4Marks)
3. Explain four (4) phases of disaster management (8Marks)
4. State six (6) challenges of implementing primary health care (6Marks)
5. Explain the role of a nurse in managing the health needs of vulnerable populations in the community (6 Marks)

SECTION III: LONG ANSWER QUESTION – (20 MARKS)

1. Health is one of the 14 devolved functions in Kenya. Describe the six levels of health care service delivery and specific services offered at each level. (20 Marks)