

031306T4PSY

COUNSELING PSYCHOLOGY LEVEL 5

PSY/OS/CO/CR/02/5/A

Provide Basic Counselling Services

Nov/Dec 2024



TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION

COUNCIL

(TVET CDACC)

EXCERPT

INSTRUCTIONS TO THE PERSON ACTING AS THE CLIENT

1. Rehearse the following excerpt which captures the content of what you will present to the counselor in a simulated situation where you act as a client.
2. You have 10 minutes to rehearse.

Jolene is 28 years old, a house wife and a mother of two boys, 9 and 5 years old respectively. After the birth of her second child, the husband married a second wife and abandoned her with the two kids. Jolene has been struggling with the kids in terms of feeding and paying the school fees, while the husband is living peaceful with his new wife enjoying life while she is dying silently with depression and suicidal ideation. The reason for her visit to your Centre, to seek counselling services.

ENDS