



AMREF INTERNATIONAL TRAINING CENTRE

Qualification Code	: 031305T4PSY
Qualification	: Counselling Psychology Level 5
Unit Code	: HE/OS/CPSY/CR/03/5/A
Unit of Competency	: Provide Psychological First Aid Services

PRACTICAL ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. You have **ONE** hour to perform the tasks.
2. In this practical assessment, you are required to perform the following tasks:
Task 1: Prepare to provide PFA counselling.
Task 2: Provide PFA counselling
Task 3: Evaluate PFA counselling
Task 4: Terminate PFA counselling
3. The following resources will be provided to the trainee:
 - a) Counselling venue
 - b) 3 similar seats
 - c) Small table /stool
 - d) Counselling tools
 - e) Counselling forms i.e., Consent form, referral forms, bio data forms, intake form
 - f) Box of soft tissues
 - g) Assessment tools;
 - Depression inventory

- Suicide checklist
- Anxiety inventory
- Stress inventory
- Self-esteem scale
- PTSD inventory

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