



UNIVERSITY EXAMINATIONS
SCHOOL OF MEDICAL SCIENCES
DEPARTMENT OF NURSING AND MIDWIFERY SCIENCES
AUGUST 2025 SEMESTER EXAMINATION
ADVANCED DIPLOMA IN APPLIED MENTAL HEALTH PRACTICE
COURSE CODE AND TITLE: ADMH101- PSYCHOPATHOLOGY,
PSYCHOPHARMACOLOGY & PRACTICUM

DATE: - WEDNESDAY 13TH AUGUST 2025

Duration: 2 HOURS

Start: 9:00 AM

Finish: 11:00 AM

INSTRUCTIONS

1. Write your University registration number on every booklet that you use
2. This exam is out of 60 marks
3. Answer ALL Questions.
4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION A: SHORT ANSWER QUESTIONS (20 MARKS)

Q.1.

- a) Define the following terms:
 - i. Psychopathology (2 marks)
 - ii. Premorbid personality (2 marks)
- b) Mention two main symptoms of attention deficit hyperactivity disorder. (2 marks)
- c) List down two “Ps” of CBT case formulation (2 marks)
- d) State two neurotransmitters that are attributed to symptoms of;
 - i. Major depressive disorder (2 marks)
 - ii. Attention deficit hyperactivity disorder (2 marks)
- e) List down three types of disorders under bipolar and related disorders (3 marks)
- f) State three clinical features of autism spectrum disorders (3 marks)

SECTION B: LONG EASY QUESTIONS (40 MARKS)

Q2

- a) Discuss two techniques/strategies in effective parenting in the management of attention deficit hyperactivity disorder. (4 marks)
- b) Draw symbols for the following as represented in a genogram; (4 marks)
 - i. Male
 - ii. Female
 - iii. Divorced
 - iv. Conflicting relationship
- c) Explain three main objectives of studying abnormal behavior (6 marks)
- d) Explain three areas to focus on when taking history of presenting problem during clinical intake. (6 marks)

Q3.

Read the clinical case and answer the questions below:

Kevin is 21 years old and in the final year of university studies and has sought treatment at the university counselling center because of problems he has had since breaking up with his girlfriend, Rose, two months ago. His relationship with Rose had been one of “true love”. However, when they decided “not to limit themselves to their relationship”, she began dating another man.

Since their break-up, Kevin has been unable to concentrate and has lost interest in his studies with the result that he left many of his subjects unfinished. He has low appetite, trouble sleeping and is concerned about Rose, in whom he still expressed an interest. Whenever he thinks about her, he feels sad, hopeless and worthless though at other times he is able to have fun with friends and continue his sporting and university activities.

Kevin is the second son of a working-class family. He describes family relationships as very close. His father works hard and is “loyal to his family”. The only argument he remembers having with his father concerned his intention to grow a beard. His mother is “extroverted” and “always meddle” in his affairs but he has no complaints against her.

Kevin expresses good feelings for his parents, whom he loves and helps. He has a great relationship with his elder brother, who is 32 years old and a lawyer of great prestige. At the university, Kevin is involved in athletics and is a member of the students’ union. He is well regarded by his classmates and they enjoy each other’s company. In his first years at university, he was elected president of a liberal student group. He worked at the university campus cafeteria for a few hours a week to support himself financially. Until his problems appeared, he had received good grades in all his courses. He dated other girls before his relationship with Rose, but “had never fallen in love before”.

- i. Identification data. (2 marks)
- ii. Complaint / Reason for consultation. (2 marks)
- iii. History of the presenting problem. (2 marks)
- iv. Family history (**draw a genogram**) (4 marks)
- v. Premorbid personality. (2 marks)
- vi. Case Formulation (5 marks)
- vii. Categorical diagnosis DSM-5 (justify this). (3 marks)