



### AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 102105TA  
Qualification : Assistant community health officer Level 5  
Unit Code : HE/OS/CH/CR/01/5/A  
Unit of Competency : Monitor Community Health Care.

### CANDIDATE WRITTEN ASSESSMENT

#### INSTRUCTIONS TO CANDIDATE

1. You have **THREE** hours to answer all the questions.
2. Marks for each question are indicated in the brackets.
3. The paper consists of **TWO** sections: A and B.
4. Do not write on the question paper.
5. A separate answer booklet will be provided.

*This paper consists of **THREE (3)** printed pages*

*Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.*

**SECTION A.**

**TOTAL MARKS: 40 Marks**

1. Outline THREE bodies in Kenya that control local governments in urban and rural areas in matters of health (3marks)
2. In health education it is very important to be able to identify the practices that cause, cure, or prevent a problem. Highlight FOUR of these practices (4 Marks)
3. Clinical assessment is a way of diagnosing and planning treatment for a patient that involves evaluating someone in order to figure out what is wrong. Outline the FIVE steps that consist a complete patient assessment (5 marks)
4. Injuries are a common occurrence in the community and the treatment of injuries is based on the RICE principle. Outline what the RICE principle involves (4 Marks)
5. As the Community Health Assistant, you have been selected to sit in the task force tasked with overseeing the development of the disease surveillance system in your local health Centre. State THREE importance of surveillance systems (3 Marks)
6. Community Health Volunteers are key in ensuring that community members can access health care even at the household level. In order to be able to handle essential drugs as per standards and guidelines, CHVs need to get trained on these basic health guidelines. State FOUR of these guidelines (4 Marks)
7. Identify FOUR vital information that is found in the Mother and Child Booklet. (4 Marks)
8. Evaluation is a process of determining the degree or amount of success with pre-determined objective in a program. Identify FOUR steps of evaluation (4 Marks)
9. Health education is important in the prevention and control of diseases in the community. In order to conduct an effective health education session, it is important to use different methods pf facilitation. Name THREE facilitation methods that you can use during these sessions. (3 marks)
10. State THREE main methods of communication (3 Marks)
11. Children are required to be taken for growth monitoring clinics from birth up until five years of age. Name THREE tools that can be used for nutritional assessment during the growth monitoring sessions. (3 Marks)

**SECTION B (60 MARKS)**

**This section contains FOUR questions answer any THREE questions.**

12. Primary health care is the first level of contact between the individual and the health system. Primary health care is important in the promotion of health and prevention of disease.
- a.) Explain the THREE levels of prevention (6Marks)
  - b.) Discuss FIVE principles of Primary Health Care ( 10 Marks)
  - c.) Differentiate between predisposing factors and enabling factors in relation to human behavior and prevention of disease ( 4 Marks)
13. You have been assigned to head the community health department in Kibera Health Center. In order to be able to come up with programs that are able to address the health needs of the community you have decided to conduct a health needs assessment.
- a) Discuss the SIX steps of conducting a health needs assessment (12 Marks)
  - b) Explain FOUR methods you can use to conduct a health needs assessment (8 Marks)
14. A community-based organization started a project in community B. The project was scheduled to be implemented for 3 years. However, in the first year the program failed.
- a) Explain FIVE reasons why the project might have failed (10 Marks)
  - b) Discuss FIVE resources that are required to successfully implement a project (10 Marks)
15. You are planning to conduct a health education session.
- a) Describe FIVE methods you can use to conduct the session (10 Marks)
  - b) Discuss FIVE teaching materials you would require for your session (10 Marks)