

092306T4SWC

Community Health Level 5

COD/OS/SW/CR/07/6/A

Monitor Gender, Disability and Vulnerable Groups

July/August 2025



**AMREF INTERNATIONAL TRAINING CENTER**

**CANDIDATE WRITTEN ASSESSMENT**

**Time: 3 HOURS**

**INSTRUCTIONS TO CANDIDATE**

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper.

**This paper consists of THREE (3) printed pages**

**Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing**

**SECTION A: 40 MARKS**

**Attempt ALL question in this section**

1. Define the term support group in the context of community health. (2 marks)
2. Outline three ways in which the Government of Kenya provides social protection services to its citizens. (3 marks)
3. Group discussions are commonly used during health needs assessments. State four benefits of using group discussions in community health needs assessments. (4 marks)
4. Identifying and planning for community health needs improves understanding of population health. Identify five common community health needs. (5 marks)
5. People living with HIV and AIDS often face increased risks due to various factors. State five factors that contribute to the vulnerability of people living with HIV and AIDS. (5 marks)
6. Name four key benefits of home-based care in the management of chronic illnesses. (4 marks)
7. Community A intends to carry out a health needs assessment. Identify four tools they can use to collect community health data. (4 marks)
8. Explain three reasons why it is important to involve health and development partners in delivering health or civic education. (3 marks)
9. You are a Community Health Worker in Lower Nalokwa area. The community has been experiencing ongoing health challenges. Highlight two key reasons why community linkages are important in solving such problems. (2 marks)
10. You are scheduled to conduct a civic education session in your community. List four key stakeholders who should be invited to participate in the session. (4 marks)
11. Following a successful community entry and health needs assessment, it was discovered that gender-based violence is a major issue in the area. Identify four forms of gender-based violence that may affect the community. (4 marks)

**SECTION B: (60 MARKS)**

*This section contains Four Questions. Attempt Only Three questions, each Questions contains 20 marks.*

12. Community Health Workers regularly engage communities through civic education activities.

a) Describe five ways in which civic education enhances knowledge and skills for effective community participation. (10 Marks)

b) Explain five challenges commonly faced when conducting civic education sessions in the community. (10 Marks)

13. Violence against women and girls remains one of the most widespread human rights violations globally. In Kenya, statistics show that 45% of women aged 15–45 have experienced physical violence, and 15% have faced sexual violence.

a) Discuss five critical factors to consider when establishing a support group for survivors of violence. (10 Marks)

b) Explain five key barriers that limit access to healthcare services for persons living with disabilities. (10 Marks)

14. Involving local partners is often encouraged during community health needs assessments.

a) Discuss five disadvantages that may arise from involving community partners during the need's assessment process. (10 Marks)

b) Describe five common barriers that hinder access to healthcare services in Kenya. (10 Marks)

15. Homelessness is a growing public health concern that exposes individuals to various health risks.

a) Using relevant examples, explain five ways in which homelessness contributes to poor health outcomes. (10 Marks)

b) Discuss five health challenges faced by homeless individuals and explain how each challenge impacts their overall well-being. (10 Marks)