



AMREF INTERNATIONAL TRAINNG CENTER

Qualification Code : 102105T4COH
Qualification : Community Health Level 6
Unit Code : HE/OS/CH/CR/02/6/A
Unit of Competency : Conduct Community Based Health Care

WRITTEN ASSESSMENT

DATE:12TH AUGUST 2026

Time: 2 HOURS START:9AM FINISH:11AM

INSTRUCTION TO CANDIDATE

1. Marks for each question are indicated in the brackets
2. This paper consists of **TWO** sections: **A** and **B**
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper

This paper consists of THREE (3) printed pages

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A (40 MARKS)

Answer ALL the questions in this section.

1. a) Define the term community-based health care. (2 marks)
b) State **two** key objectives of implementing community-based health care. (2 marks)
2. Tuberculosis (TB) is a serious illness that mainly affects the lungs. Distinguish between latent TB and Active TB. (2Marks)
3. HIV Testing Services must follow the World Health Organization (WHO) recommended guidelines. Outline **four** ethical principles for HIV testing services (4 Marks)
4. Rapid Diagnostic Test (RDT) kit are simple malaria testing devices that can detect the presence of malarial parasites in blood. Highlight **four** components of the kit (4 Marks)
5. As community health assistant you have been posted to Sub-County X. Highlight **four** challenges you are likely to face as you execute your duties (4 marks)
6. Zoonotic diseases of Public Health Importance cause significant health burden. State **four** preventive measures you can take to reduce occurrence of zoonotic diseases. (4 marks)
7. Community X is facing a double-burden of both Non-Communicable and Communicable diseases. Highlight **four** cardio-vascular diseases that may be present in the mentioned community (4 marks)
8. Primary health care is critical in achieving universal health care. Outline **three** factors that can lead to the failure of the Universal Health Care. (3 Marks)
9. Adolescents in Sub-County X have been experiencing rising cases of mental health challenges. As a Community Health Assistant working with affected households, highlight **two** roles the family can play in improving the mental health of these adolescents. (4 marks)
10. Patient X has been diagnosed with a condition that cannot be cured, and you have advised the family to consider palliative care as part of ongoing support. Outline **three** goals of palliative care. (3 Marks)
11. Mr. X is a 30 years old man, a resident of County Y. He was recently referred to one of the County's Hospital due to Tuberculosis (T.B) infection. As a community health assistant, you are required to conduct adherence counseling on anti-T. B drug regimen. Outline **four** Common Anti-TB Drug (4 Marks)

SECTION B (60MARKS)

Answer **ANY THREE** questions from this section.

12. Your Sub-County has reported increasing cases of mental health challenges, As a Community Health Assistant, you have been tasked to strengthen mental health and psychosocial support (MHPSS) services within the community and ensure that ethical standards are upheld when handling clients
- a) Explain **four** importance of developing a Monitoring and Evaluation (M&E) framework for mental health and psychosocial support programs. (8 Marks)
 - b) Discuss **four** psychosocial interventions that can be offered to survivors of gender-based violence. (8 Marks)
 - c) Evaluate **four** ethical principles that must be observed when handling clients with mental illness. (4 Marks)
13. You are a Community Health Assistant (CHA) in County X, where low antenatal attendance and rising maternal illnesses have been reported. You are tasked with promoting the use of Mother and Child Health (MCH) services and safe pregnancy practices within the community.
- a) Explain **five** key functions of Mother and Child Health (MCH) clinics in promoting maternal and child well-being. (10 marks)
 - b) Describe **five** danger signs in pregnancy that require urgent medical attention. (10 Marks)
14. You are a Community Health Assistant (CHA) in County Y, where HIV prevalence is high among women and boda-boda riders. Many clients default from treatment due to stigma and poor adherence. You are tasked with promoting HIV prevention, improving adherence, and supporting clients in the community.
- a) Discuss **five** community-based strategies to promote HIV prevention and reduce stigma among key populations. (10 marks)
 - b) Describe **five** adherence support interventions to help clients on ART maintain consistent treatment. (10 marks)

15. There is a rising number of childhood diarrhea and pneumonia cases in X Sub-County, worsened by poor hygiene practices and delays in seeking care. As a Community Health Assistant, you are required to address the underlying causes and strengthen ICCM services.

- a) Explain **five** underlying factors contributing to increased childhood illnesses and mortality in this community. (10 marks)
- b) Describe **five** strategies you would implement to strengthen ICCM services and reduce childhood morbidity (10 marks)

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