



**AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH**

DEPARTMENT OF COMMUNITY HEALTH

BACHELOR OF SCIENCE IN COMMUNITY HEALTH PRACTICE

JAN-APRIL 2026 END OF SEMESTER EXAM

UNIT CODE: CHP 224

UNIT NAME: TRADITIONAL AND COMPLEMENTARY MEDICINE

(Out of 70 Marks)

TIME: TWO Hours Start: Finish

INSTRUCTIONS

- 1) This exam is marked out of 70 marks**
- 2) This exam comprises of two sections**
 - ✓ Section A: Compulsory questions (30marks)
 - ✓ Section B: Choose Two questions (each question is 20marks)

SECTION A: ANSWER ALL QUESTIONS

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- 1) Give FIVE reasons why indigenous knowledge and traditional healing practices should be protected (5marks)**
 - 2) Using the World Health Organization (WHO) view, outline FIVE features of Complementary and Alternative Medicine (CAM) (5marks)**
 - 3) Mention FIVE traditional ways to prepare CAM products (5marks).**
 - 4) Name FIVE main threats that make it hard to protect indigenous knowledge and traditional medicine (5marks).**
 - 5) Outline FIVE benefits of massage as a modality of Complementary and Alternative Medicine (5marks).**
 - 6) List FIVE ethical points to consider when evaluating herbal treatments (5marks).**

SECTION B

Answer any TWO questions from this section

QUESTION 7

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- a) Describe **FIVE** key challenges the countries face in regulating Complementary and Alternative Medicine (CAM) **(10 marks)**.
 - b) Examine **FIVE** ways in which Complementary and Alternative Medicine contribute to supporting the primary healthcare (PHC) agenda **(10 marks)**.

QUESTION 8

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- a) Discuss **FIVE** challenges likely to encounter during an ethnobotanical study to document the use of traditional medicinal plants **(10 marks)**.
 - b) Discuss **FIVE** challenges that CAM practitioners or health systems are likely to face in an effort to integrate Complementary and Alternative Medicine (CAM) into mainstream healthcare **(10 marks)**.

QUESTION 9

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- a) Examine **FIVE** ways in which Complementary and Alternative Medicine (CAM) practices differ from conventional medicine in real-life healthcare settings **(10 marks)**
 - b) Public health reports show a rising trend in the use of CAM globally. Identify and explain **FIVE** factors contributing to the increasing popularity of CAM **(10 marks)**

