



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
DIPLOMA IN COMMUNITY HEALTH
END TERM EXAMINATION 2025

UNIT CODE: DCHP 213
UNIT NAME: FOOD SECURITY
DATE:
TIME: Two Hours

INSTRUCTIONS

1. This exam is marked out of 60 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (20 marks)
Section B: Long Answer Questions (40 marks)

SECTION A: COMPULSORY (20 Marks)

1. State four ways that Food insecurity can impact the fight against HIV and AIDS in Kenya (4marks)
2. State four risks factors to food insecurity (4marks)
3. Distinguish between household food security and individual food security (4marks)
4. Highlight four cultural factors that affect food security (4marks)
5. Identify four indicators of food utilization (4marks)

SECTION B

ANSWER ANY TWO (2) QUESTIONS (40 Marks)

6. The Government of Kenya has an obligation of ensuring food access for all, especially to women and children. As a result the Government have come up with various nterventions that have the potential to improve food security in the country.
 - a) Describe five agricultural interventions to Food Security (10marks)
 - b) Describe five main ways that women are contributing to Food Security (10marks)
7. Kikalambiya Village has been hit with a flood disaster. As a community health Worker working in the Village, you are expected to implement nutrition intervention programs to protect the health and livelihood of the people.
 - a) Explain two main types of nutrition interventions to protect livelihood and prevent deaths during an emergency situation (10marks)
 - b) Discuss five reasons for involving the community in implementation of the programs (10marks)
8. Food Insecurity is a multi-sectorial collaboration due to the role of nutrition in health. Describe four roles of each of the following
 - a) Community Health Promoter
 - b) The government
 - c) UNICEF
 - d) Food and Agriculture Organisation
 - e) Legislature