

031306T4PSY

COUNSELLING PSYCHOLOGY LEVEL 6

PSY/OS/CO/CR/08/6

Provide Addiction Counselling

Nov/Dec 2024



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION
COUNCIL (TVET CDACC)**

PRACTICAL ASSESSMENT

You have **10 minutes** to read the excerpt below and act out the excerpt in the practical assessment.

EXCERPT

Rachel is a 21-year-old single mother of two, a new born and a 3-year-old. She began using alcohol and smoking cannabis when she was 14 years old however, did not experience substance related problems. When Rachel was in high school, she dated Josh whom she fell in love with and hoped that one day they would get married. She and Josh did not plan to start having children until they both completed college and had steady jobs. However, Rachel became pregnant with her first child and was able to abstain from alcohol and cannabis during her pregnancy. Josh joined the Defense forces as a way to earn money and support his family. Unfortunately, he was killed when his convoy was hit by a landmine after deployment to a war-torn neighboring country, and just when Rachel had given birth to their second born child. Rachel was not in communication with her parents since they were against their relationship. She found herself isolated, alone, and depressed. She began drinking and smoking cannabis daily. A neighbor noted that Rachel was leaving her children unattended to go and drink at night and called the children's officer. She has been referred to you for counseling.