

102106T4COH
COMMUNITY HEALTH LEVEL 6
HE/OS/CH/CR/08/6/A
Manage Gender, Orphans and Vulnerable Groups

July/August 2025



AMREF INTERNATIONAL TRAINING CENTER

CANDIDATE WRITTEN ASSESSMENT

Time: 3 HOURS

INSTRUCTIONS TO CANDIDATE

1. Marks for each question are indicated in the brackets.
2. The paper consists of **TWO** sections: **A** and **B**.
3. Candidates are provided with a separate answer booklet
4. **DO NOT** write on this question paper.

This paper consists of TWO (2) printed pages
Candidates should check the question paper to ascertain that all
pages are printed as indicated and that no questions are missing.

SECTION A (40 MARKS)

Answer ALL the questions in this section.

1. Define the following terms
 - a) Vulnerability (2 Marks)
 - b) Social protection (2 Marks)
2. Gender-based violence affects individuals across all communities and requires proper identification for effective intervention. State two forms of gender-based violence experienced in the community. (2 Marks)
3. Governments implement various strategies to cushion citizens against risks and vulnerabilities. Outline two ways in which the government offers social protection services in Kenya. (2 Marks)
4. Women of reproductive age often face increased social, economic, and health challenges. Mention THREE reasons contributing to their vulnerability. (3 Marks)
5. Various conditions contribute to the increase in Gender-Based Violence (GBV) within communities. State THREE factors that can lead to high rates of GBV. (3 Marks)
6. Home-based care plays a significant role in supporting patients with chronic diseases within their household settings. State three benefits of home-based care in the management of chronic diseases. (3 Marks)
7. Support groups are critical in the healing and empowerment of sexual violence survivors. State three considerations for creating such groups. (3 Marks)
8. Civic education ensures communities are informed about their rights, responsibilities, and health practices, but it's not without obstacles. Highlight four challenges encountered when conducting civic education to the community. (4 Marks)
9. A multi-sectoral approach enhances effectiveness in supporting vulnerable populations through collaboration. Outline four main stakeholders involved in addressing the plight of the vulnerable population. (4 Marks)
10. Inclusive participation in community events promotes representation and equal opportunities for all. Highlight FOUR reasons for involving the special needs groups in community action days. (4 Marks)
11. Distinguish between gender equity and gender equality. (4 Marks)
12. Empowering communities leads to ownership, resilience, and sustained health outcomes. Identify FOUR ways of empowering community members. (4 Marks)

SECTION B:(60 MARKS)

Answer Any Three Questions

- 13.** Vulnerable populations are often at greater risk of harm, neglect, and poor health outcomes due to their limited access to basic services, resources, and opportunities. As a community health worker, recognizing these vulnerable groups is essential in creating effective interventions.
- a) Based on the above statement, explain five such groups found in your community. (10 Marks)
 - b) Explain five measures the local administration can take to reduce the vulnerability levels of the groups explained in (a) above. (10 Marks)
- 14.** Mental health issues, such as depression, anxiety, and substance abuse, are becoming more prevalent in many communities. These issues can go unnoticed or untreated, leading to long-term consequences not just for individuals but also for community well-being.
- a) Identify five factors that contribute to the rise of mental health issues in communities. (10 Marks)
 - b) Propose five interventions that can be implemented to address mental health issues in your community. (10 Marks)
- 15.** Gender inequality remains a major barrier to achieving equitable health outcomes in many communities. In some communities' women and girls may have limited access to education, decision-making platforms etc. hence reduced community participation.
- a) Discuss five factors contributing to gender inequality in communities. (10 Marks)
 - b) Propose five strategies the community can adopt to promote gender equity in health programs. (10 Marks)
- 16.** Community health linkages are vital in ensuring that survivors of gender-based violence (GBV) can access the healthcare and support services they need. Strengthening these linkages, particularly through effective referral systems, is essential for providing timely assistance to victims.
- a) Explain five measures the county government can take to strengthen the community linkage's structure. (10 Marks)
 - b) Discuss five social protection programs that can be put in place to address Gender based violence. (10 Marks)