



AMREF INTERNATIONAL UNIVERSITY

**University Examinations
School of Medical Sciences**

**Department of Nursing and Midwifery Sciences
End of May/August 2025 Semester Examination**

Student's Registration Number _____

Course Code: ADMH103

Course Title: Advanced Interviewing/Counseling Skills & Practicum

Date: Thursday, 14th August, 2025

Time: 2 Hours From: 4.00 p.m. to 6.00 p.m.

Instructions

1. Write your University registration number on every booklet that you use
2. Do not write on the question paper
3. Read carefully additional instructions preceding each section

SECTION A: Short Answer Questions (20 MARKS)

Question 1:

- a. State FIVE purposes for conducting a clinical intake interview (5 Marks)
- b. Outline FIVE purposes of summarization skill in counselling (5 Marks)
- c. Outline FIVE attributes associated with a good counsellor. (5 Marks)
- d. Create FIVE questions you would ask when gathering data about developmental milestones (5 Marks)

SECTION B: Compulsory Questions (40 MARKS)

Question 2:

- a. Below are statements from a client. Illustrate how you would respond to the client using “a paraphrase” (5 Marks)

Client: “I feel great! I’ve finally done it. I’ve quit my job! I was just so frustrated at work, I couldn’t take it anymore. It’s OK though, because the next week I picked up a job closer to home and more pay! I can’t believe it, I feel like a weight is been lifted off my shoulders. I just couldn’t see it before. Here I was worrying all the time when I should have moved on long ago. I felt pretty scared for a couple of days though, feeling sorry for myself, not knowing how long I’d be out of work. But hey, look, both my wife and I are on top of the world”

Counsellor:

- b. Below are examples of basic counseling skills. Explain 2 reasons for using each skill and provide an example.
 - i. Reflection of feeling (3 Marks)
 - ii. Closed ended question (3 Marks)
 - iii. Confrontation (3 Marks)
 - iv. Open ended question (3 Marks)
 - v. Information giving (3 Marks)

Question 3:

- a. Critique the Rogerian core conditions for therapeutic change (8 Marks)
- b. Examine the six-stage model of the counselling process (12 Marks)