



AMREF INTERNATIONAL UNIVERSITY
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
MASTER OF PUBLIC HEALTH
END OF SEMESTER EXAMINATION APRIL 2026

UNIT CODE: MSH 720

UNIT NAME: Adolescent, Sexual and Reproductive Health

DATE: XX April, 2026

TIME: Three Hours

Start: 1600 Hours

Finish 1900 Hours

INSTRUCTIONS

1. This exam is marked out of 100 marks
2. This Examination comprises TWO Sections
Section A: Compulsory Question (25 marks)
Section B: Long Answer Questions (75 marks)

SECTION A: COMPULSORY (25 Marks)

Short Answer Questions

1. a) Define the following terms used in sexual and reproductive health
 - I. Adolescence **(2 marks)**
 - II. Sexual Health **(2 marks)**
 - III. Adolescent and Youth Friendly services **(2 marks)**
 - IV. Body image **(2 marks)**
 - V. Peer pressure **(2 marks)**
- b) Describe the importance of male involvement in Adolescent Sexual and Reproductive Health. **(5 Marks)**
- c) List five benefits of contraception in adolescents' lives. **(5 marks)**.
- d) Female Genital Mutilation (FGM) is practiced in some African communities despite being condemned internationally, outline five drivers of this practice. **(5 marks)**

SECTION B

ANSWER ANY THREE (3) QUESTIONS (75 Marks)

Long Answer Questions

2. The HIV/AIDs pandemic has been around for several decades now.
 - a. In the fight against HIV, it is critical to give attention to the adolescents, identify five reasons why this section of the population is of special concern. (5 marks)
 - b. Describe the impact that HIV has had on the lives of adolescents and youths. (10 marks)
 - c. Describe how the negative impact of HIV/AIDS on adolescents can be mitigated. (10 marks)
3. Life skills are critical in the lives of adolescents;
 - a) Describe the meaning of the term “Life skills” according to the World Health Organisation (2 marks)
 - b) Outline five set of skills that are part of life skills (5 marks)
 - c) Describe three challenges faced in promoting life skills among adolescents (6 marks)
 - d) Healthy relationships are important in the lives of adolescents;
 - I. Describe two benefits of healthy relationships (2 marks)
 - II. Outline five marks of a healthy relationship. (5 marks)
 - e) Intense negative peer pressure can result from some interactions; outline five symptoms of intense peer pressure; (5 marks)
4. Gender-based violence (GBV) is a major public health challenge.
 - a. Define Gender-based violence (2 marks)
 - b. Identify three underlying causes of GBV (3 marks)
 - c. Describe five forms of GBV (10 marks)
 - d. Explain five guiding principles important in addressing GBV (10 marks)
5. While doing community engagement to promote sexual and reproductive health of the adolescents, the adolescents disclosed that they are reluctant to seek sexual and reproductive (SRH) services from the facilities in their community.
 - a. Describe the factors that could be contributing to the adolescents’ reluctance to seek services in these facilities? (10 marks)

- b. Describe five interventions that you would put in place to addressing this challenge. **(10 marks)**
 - c. Identify five rights that should guide the provision of adolescents' SRH services. **(5 marks)**.
6. Child marriage is a common harmful practice that continues in many communities despite a push to stop it.
- a. Define Child marriage. **(2.5 marks)**
 - b. Define forced marriage. **(2.5 marks)**
 - c. Describe five factors that contribute to the continuation of the practice of child marriage. **(5 Marks)**
 - d. Outline five disadvantages of child marriage in an adolescent's life. **(5 Marks)**.
 - e. You are tasked with leading a program that aims at combating child marriages;
 - i) Describe the interventions you would put in place at the community and individuals' level **(5 Marks)**
 - ii) Describe the policy and institutional related interventions you would put in place **(5 Marks)**

