



AMREF INTERNATIONAL TRAINING CENTER

Qualification Code : 031306T4PSY
Qualification : Counselling Psychology Level 6
Unit Code : HW/CU/CP/CR/02/6/MA
Unit of Competency : Career Guidance and Counselling

WRITTEN ASSESSMENT

CANDIDATE TOOL

TIME: 3 HOURS

INSTRUCTIONS TO CANDIDATES

1. The paper consists of **TWO** sections; **A & B**
2. You are provided with a separate answer booklet
3. Marks for each question are as indicated
4. **DO NOT** write on the question paper

*This paper consists of **THREE (3)** printed pages*

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A: (40 MARKS)

Answer ALL questions in this section

1. Career choice is influenced by a variety of personal and external considerations. State FOUR factors you should consider when choosing a career. (4 marks)
2. Career guidance and counselling play an important role in supporting learners in post-secondary institutions. Mention FOUR goals of career guidance and counselling in post-secondary institutions. (4 marks)
3. XYZ is a final-year student unsure about which career path to pursue. As a career counsellor you plan to assess his abilities and interests to provide appropriate guidance. Name FOUR psychometric tools you would use. (4 marks)
4. Counselling relationships often come to a close in different ways. State FOUR types of termination in guidance and counselling. (4 marks)
5. Formal agreements guide the counselling relationship and outline expectations. Identify FOUR contents of a counselling contract form. (4 marks)
6. ABC, a career counsellor at a vocational training center wants to assess how well the recent career guidance program has helped participants in making informed career choices. Outline FOUR types of evaluation tools she can use. (4 marks)
7. Psychoeducation can provide clients with useful information and support after counselling ends. State FOUR examples of psychoeducation topics that can be offered after termination. (4 marks)
8. Counselling sessions are conducted in a structured manner to achieve specific goals. Outline FOUR steps in conducting a guidance and counselling session. (4 marks)
9. Intake forms provide essential information for planning and guiding the counselling process. Identify FOUR key contents of an intake form. (4 marks)
10. An effective career counsellor demonstrates certain qualities that enhance practice. Identify FOUR characteristics of an effective career counsellor. (4 marks)

SECTION B: (60 MARKS)

Answer Any THREE questions in this session

11. A high school graduate approaches you for help in choosing a career. They seem confused, unsure of their abilities, and report receiving conflicting advice from parents and peers.
- a) Describe FIVE benefits of career guidance and counselling to such a client. (10 marks)
 - b) Discuss FIVE factors you would help the client consider before choosing a career path. (10 marks)
12. A client has successfully completed counselling sessions and is now ready for termination. However, they express anxiety about coping independently.
- a) Explain FIVE forms of continuum of care you may provide to ensure ongoing support for the client. (10 marks)
 - b) Discuss FIVE psychoeducation topics that would help the client maintain their progress after termination. (10 marks)
13. Three college students approach you with complaints that they feel stuck in their respective career paths chosen by their parents. They feel dissatisfied and want to explore new options.
- a) Explain FIVE key factors students should consider when making career choices. (10 marks)
 - b) Elaborate FIVE benefits of career guidance and counselling to such clients. (10 marks)
14. Your school recently completed a year-long career guidance program for students. The administration has requested you to evaluate its effectiveness in helping students make informed career choices.
- a) Describe FIVE evaluation tools you would use to collect data on the program's effectiveness. (10 marks)
 - b) Explain FIVE benefits of conducting such a program evaluation. (10 marks)