

**031306T4PSY**

**COUNSELING PSYCHOLOGY LEVEL 5**

**PSY/OS/CO/CR/02/5/A**

**Provide Basic Counselling Services**

**Nov/Dec 2024**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**PRACTICAL ASSESSMENT**

**INSTRUCTIONS TO CANDIDATES**

1. You have **ONE HOUR** to answer all questions.
2. You are required to carry out the following practical tasks:
  - a) Prepare to Provide Basic Counselling Services
  - b) Provide Basic Counselling Services
  - c) Evaluate Counselling Services
  - d) Terminate Counselling Services

**You are provided with the following resources:**

- 3 similar chairs
- 2 Bottled drinking Water
- Soft Tissues/serviettes
- Stationery i.e. biros. Note book
- Clipboard

- Waste bin
- Relevant counselling forms i.e.
  - Intake form
  - Consent form
  - Referral form
- Assessment tools i.e.
  - Beck Depression Inventory (BDI)
  - SBQ – Suicidal Questionnaire
  - Cognitive Assessment Tools
  - State-Trait Anxiety Inventory (STAI)
  - Beck Depression Inventory (BDI)