

QUALIFICATION CODE: 031306T4PSY

QUALIFICATION : Counselling Psychology Level 6

UNIT CODE : PSY/CU/CO/CR/04/6/A

UNIT OF COMPETENCY : Special Needs and Disabilities Counselling



AMREF INTERNATIONAL TRAINING CENTER
CANDIDATE WRITTEN ASSESSMENT

INSTRUCTIONS TO CANDIDATE

1. You have **THREE** hours to answer all the questions.
2. This paper has two sections A and B.
3. You are provided with a separate answer booklet.
4. Marks for each question are indicated in the brackets.
5. Do not write on the question paper.

*This paper consists of **THREE (3)** printed pages*
Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing.

SECTION A: (40 MARKS)

Answer all questions in this section

1. Confidentiality is one of the ethical considerations in special needs and disabilities counselling. State FOUR factors that can contribute to breaching of confidentiality. (4 Marks)
2. The overwhelming demands from clients and lack of supportive structures can significantly impact the effectiveness of special needs and disability counsellors. It is therefore crucial for such counsellors to recognize when they are experiencing burnout and take corrective measures. Highlight FOUR signs of counsellor burnout. (4 Marks)
3. The success of any special needs and disabilities counselling is highly dependent on the treatment plan. Provide FOUR justifications for developing a treatment plan. (4 Marks)
4. During later life, majority of people face different challenges, some of which lead to disabilities. Highlight FOUR possible causes of disabilities among the elderly in the society today. (4 Marks)
5. Autism is a complex neurodevelopmental condition characterized by challenges with social communication and interaction, as well as restricted interests and repetitive behaviors. Identify FOUR challenges of Autism to a school going child. (4 Marks)
6. Mental disabilities are common among different communities in Kenya. Propose FOUR mental disabilities that are common in your community. (4 Marks)
7. Visual impairment presents with specific observable characteristics. Enumerate FOUR characteristics of visual impairment. (4 Marks)
8. Counsellor Ben has recently secured employment with Golden bells home for the elderly. Recall FOUR issues that his clients may present in therapy. (4 Marks)
9. Person-Centered theory can be highly relevant and effective when providing special needs and disabilities counselling. Outline FOUR benefits of applying the Person-Centered theory during Special needs counselling. (4 Marks)
10. Learning disabilities can manifest in various forms, impacting a child's ability to process information, retain knowledge, or perform academic tasks. Mention FOUR manifestations of learning disabilities in children. (4 Marks)

SECTION B (60 MARKS)

Attempt Any Three questions

11. Bony works as a counsellor with XYX center, an international NGO that provides psychosocial support to children living with cerebral palsy and their caregivers. He often finds himself working with different service providers and Bony often goes for supervision after every two months.
- Illustrate **THREE** general counselling goals that may guide Counsellor Bony (6 Marks)
 - Evaluate **THREE** reasons for involving caregivers of persons with special needs like cerebral palsy. (6 Marks)
 - Analyze **FOUR** benefits Bony derives from supervision (8 Marks)
12. Referral of clients in special needs counselling may occur for various reasons, depending on the individual's needs, goals, and circumstances.
- Explain **FIVE** reasons for referral of a client with special needs and disabilities counselling (10 Marks)
 - Discuss **FIVE** factors to consider before referring a client for special needs counseling (10 Marks)
13. When preparing a counselling venue, it is essential to consider the unique needs of the individual being counselled, especially for those with special needs. The physical, emotional and sensory aspects of the space play a critical role in creating a supportive and effective environment for therapeutic sessions.
- Discuss **FIVE** factors that a counsellor should consider when preparing a counselling venue for a client with special needs (10 Marks)
 - Explain **FIVE** ethical principles that counselors should uphold when counselling clients with special needs (10 marks)
14. Special needs and disabilities counsellors need to be well-grounded in theories, techniques and skills of counselling for them to effectively discharge their responsibilities.
- Illustrate **THREE** skills that can be used during assessment. (6 Marks)
 - Justify the use of **THREE** Cognitive Behavioral techniques in helping clients with special needs. (6 Marks)
 - Discuss **FOUR** theoretical approaches that can be applied by a special needs and disabilities counsellor. (8 Marks)