



AMREF INTERNATIONAL UNIVERSITY

SCHOOL OF MEDICAL SCIENCES

DEPARTMENT OF NURSING & MIDWIFERY SCIENCES

END OF APRIL SEMESTER 2026 EXAMINATIONS

COURSE CODE AND TITLE: BSN 216: Medical Anthropology

DATE: 7th APRIL 2026

Duration: 2 HOURS

START: 2pm

STOP: 4PM

INSTRUCTIONS

1. This exam is out of 70 marks
2. This Examination comprises THREE Sections. Section I: Multiple Choice Questions (20 marks) Section II: Short Answer Questions (30 marks) and Section III: Long Answer Questions (20 marks)
3. Answer ALL Questions.
4. Do Not write anything on the question paper -use the back of your booklet for rough work if need be.

SECTION I: MULTIPLE CHOICE QUESTIONS (20 MARKS)

1. A nurse notices a patient refuses surgery because of spiritual beliefs. One of the principle best explains this:
 - A. Biological determinism
 - B. Cultural relativism
 - C. Ethnocentrism
 - D. Reductionism
2. A nurse integrates herbal knowledge with prescribed medication. This reflects:
 - A. Biomedical dominance
 - B. Medical pluralism
 - C. Cultural bias
 - D. Cultural imposition
3. Ethnocentrism in healthcare may result in:
 - A. Improved trust
 - B. Bias in treatment
 - C. Faster healing
 - D. Cultural competence
4. Cultural integration refers to:
 - A. Mixing cultures
 - B. Harmony among cultural elements
 - C. Cultural conflict
 - D. Cultural isolation
5. Sick Role Theory was proposed by:
 - A. Karl Marx
 - B. Talcott Parsons
 - C. Freud
 - D. Durkheim
6. Understanding humans as biological organisms involves studying:
 - A. Social norms
 - B. Evolution and adaptation
 - C. Language
 - D. Religion
7. Biological anthropology helps nurses understand:
 - A. Kinship terms
 - B. Disease evolution
 - C. Rituals
 - D. Language

8. Non-material culture includes:
 - A. Houses
 - B. Technology
 - C. Ideas and beliefs
 - D. Clothes
9. Polygamy may affect health by influencing:
 - A. Household income
 - B. STI transmission
 - C. Blood group
 - D. Mutation
10. Cultural shock in urban migrants may affect:
 - A. Mental health
 - B. DNA
 - C. Blood group
 - D. Immunity
11. National identity influences:
 - A. Health policy
 - B. Legal issues
 - C. Mutation
 - D. Immunity
12. Ethnomedicine is:
 - A. Traditional healing system
 - B. Surgery
 - C. Laboratory practice
 - D. Vaccination
13. Cultural integration refers to:
 - A. Cultural conflict
 - B. Harmony among cultural elements
 - C. Cultural extinction
 - D. Isolation
14. The holistic perspective in anthropology means:
 - A. Studying only culture
 - B. Studying only biology
 - C. Studying humans as biological and cultural beings
 - D. Studying religion only
15. A nurse who respects cultural healing practices while giving treatment is applying:
 - A. Cultural incompetence
 - B. Ethnocentrism

- C. Cultural sensitivity
 - D. Social punishment
16. In many African societies, health decisions are often influenced by:
- A. Individual autonomy only
 - B. Government policy only
 - C. Kinship networks
 - D. Media
17. A community attributing epilepsy to spirit possession is an example of:
- A. Biomedical explanation
 - B. Social deviance
 - C. Ethno-medical belief
 - D. Clinical diagnosis
18. One criticism of the Sick Role theory is that it:
- A. Ignores acute illness
 - B. Applies well to chronic diseases
 - C. Does not fit chronic illness situations
 - D. Encourages independence
19. The study of classification of human beings is referred to as:
- A. Sociology.
 - B. Archaeology.
 - C. Anthropology.
 - D. Philosophy.
20. The enduring beliefs or ideas shared by members of a culture about what is desirable is called:
- A. Values.
 - B. Taboo.
 - C. Norms.
 - D. Diversity.

SECTION II: SHORT ANSWER QUESTIONS (30 MARKS)

1. State five causes of disease according to medical anthropology (5marks)
2. State five benefits of medical anthropology to nursing (5marks)
3. State five characteristics of culture (5marks)

4. Explain health-seeking behavior and four factors influencing it (8marks)
5. State three Subfields of Anthropology (6marks)
6. Define Culture (1mark)

SECTION III: LONG ANSWER QUESTION (20 marks)

1. Explain five principles of anthropology and relevance in nursing (10marks)
2. Discuss five Challenges of Cultural Integration (10marks)

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