



AMREF INTERNATIONAL TRAINING CENTRE

Qualification Code : 031306T4PSY
Qualification : COUNSELLING PSYCHOLOGY LEVEL 6
Unit Code : HW/CU/CP/CR/04/6/MA
Unit of Competency : SPECIAL NEEDS AND DISABILITIES COUNSELLING

WRITTEN ASSESSMENT

TIME: 3 HOURS

INSTRUCTIONS TO CANDIDATES

1. The paper consists of **TWO** sections; **A & B**
2. You are provided with a separate answer booklet
3. Marks for each question are as indicated
4. **DO NOT** write on the question paper

This paper consists of THREE (3) printed pages

Candidates should check the question paper to ascertain that all pages are printed as indicated and that no questions are missing.

SECTION A: (40 MARKS)

Answer ALL questions in this section

1. Effective counselling for clients with special needs requires appropriate assessment and intervention tools. Identify FOUR tools used in special needs and disability counselling. (4 marks)
2. You are a child counsellor working with children who have developmental challenges. One of your clients has been diagnosed with autism spectrum disorder, and you aim to understand the possible effects in order to plan for suitable interventions. State FOUR negative effects of autism spectrum disorder to the client. (4 marks)
3. Dyslexia can be identified through specific signs and symptoms that affect learning. Outline FOUR signs and symptoms of dyslexia. (4 marks)
4. Clients with hearing impairments may encounter unique challenges that affect counselling outcomes. State three challenges faced by clients with hearing impairments. (4 marks)
5. Ethical principles guide counsellors in providing responsible and effective support to clients with disabilities. Outline FOUR ethical principles guiding disability counselling. (4 marks)
6. You are a school counsellor working with children who have diverse learning and developmental needs. To plan appropriate support, you need to understand the different types of special needs and disabilities. Identify FOUR types of special needs and disabilities. (4 marks)
7. Certain conditions, like albinism, may have psychological effects that counsellors need to consider. State FOUR psychological effects of albinism on clients. (4 marks)
8. Counsellors may face specific challenges when working with clients with disabilities. Mention FOUR challenges faced by counsellors in disability counselling. (4 marks)
9. Referral to specialized care may be necessary when clients present complex needs beyond the counsellor's scope. Highlight FOUR indicators that a client should be referred for specialized care. (4 marks)
10. Creating an inclusive environment is critical to supporting clients with diverse needs. State FOUR characteristics of an inclusive counselling environment. (4 marks)

SECTION B: 60 MARKS

Answer Any Three (3) Questions

11. Effective counselling for children with disabilities requires an accessible environment and clear agreements with parents or guardians to guide the process.
- a) Explain FIVE factors to consider when preparing a disability-friendly counselling venue. (10 marks)
 - b) Discuss FIVE benefits of negotiating a clear counselling contract with the children's parents or guardians. (10 marks)
12. Counselling learners with ADHD requires targeted intervention strategies and ongoing support to promote their development and wellbeing.
- a) Describe FIVE intervention strategies for learners with ADHD. (10 marks)
 - b) Discuss FIVE forms of continuum of care you would recommend to support the children's development. (10 marks)
13. Counselling learners with disabilities requires knowledge of relevant theoretical models and careful consideration of contextual factors that affect their learning and wellbeing.
- a) Explain FIVE disability theories or models relevant to counselling practice. (10 marks)
 - b) Discuss FIVE contextual issues you must consider when counselling learners with disabilities. (10 marks)
14. Group counselling and caregiver psychoeducation are important strategies for supporting children with disabilities and enhancing their overall development.
- a) Describe FIVE advantages of group counselling for children with disabilities. (10 marks)
 - b) Discuss FIVE psychoeducation topics you would include for the children's caregivers. (10 marks)