

**102105T4COH**

**COMMUNITY HEALTH LEVEL 5**

**HE/OS/CH/CR/04/5/A**

**Conduct Community Health Linkages**

**Nov/Dec 2024**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**PRACTICAL ASSESSMENT**

**Time: 1 HOUR**

**INSTRUCTIONS TO CANDIDATE:**

- a) Do not write on the question paper.*
- b) A separate plain paper will be provided.*
- c) Return this paper to assessor at the end of the assessment*

**1. You are required to perform the following tasks**

Mr. X, 45 years old man is a domestic casual worker living with his family of three in Utawa Village. He confesses that his monthly salary is Ksh. 15,000. Recently he complained of general body weakness, frequent urination, thirst, and blurred vision. On conducting Random Blood Sugar Test (RBS) you found his sugar levels to be high and therefore you suspected the patient

may have Type 2 diabetes. You are required to educate him on the causes, management of diabetes and finally link him to Mikulo Health Center for advanced medical check-up.

- a) **Task 1:** Prepare a session plan
- b) **Task 2:** Educate the client on FOUR risk factors of diabetes
- c) **Task 3:** Educate the client on the management of Type 2 diabetes
- d) **Task 4:** Use tool Z to link the client to the link facility.
- e) **Task 5:** Educate the client on the importance of enrolling into Universal Health Coverage scheme

2. The following resources are provided

- i. Tool Z
- ii. Foolscaps
- iii. Marker pen
- iv. White board/flip chart
- v. Simulated audience