

**102105T4COH**

**COMMUNITY HEALTH LEVEL 5**

**HE/OS/CH/CR/02/5/A**

**Conduct Community-Based Health Care**

**March/April 2025**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**WRITTEN ASSESSMENT**

**INSTRUCTIONS TO CANDIDATE**

1. This paper consists of **TWO** sections: **A** and **B**.
2. Answer **ALL** questions in section A and **ANY THREE** (3) questions in section B.
3. Marks for each question are indicated in the brackets.
4. Candidates are provided with a separate answer booklet
5. Do not write on the question paper.

**This paper consists of FOUR (4) printed pages**  
**Candidates should check the question paper to ascertain that all**  
**pages are printed as indicated and that no questions are missing.**

**SECTION A (40 MARKS)**

*Answer ALL the questions in this section.*

1. Disasters disrupt people's way of living, the services they access and to extreme cases they cause displacement. Point out FOUR steps community disaster preparedness. [4 Marks]
2. There have been increased cases of suicide in community X. Outline FOUR signs and symptoms that can help a community health promoter to identify a suicidal person. [4 Marks]
3. Patient X has been on antiretroviral therapy for the past 10 years, she was recently diagnosed with tuberculosis. List THREE practices she should undertake for better health outcomes. [3 Marks]
4. You have been tasked to educate community members on mental illness. Mention THREE factors contributing to mental illness. [3 Marks]
6. State THREE conditions that can be diagnosed and treated without laboratory confirmation. [3 Marks]
7. Rabies is one of the zoonotic diseases in Kenya; you have been notified of a stray rabid dog. Suggest TWO ways of preventing the spread of rabies. [2 Marks]
8. Despite efforts on Malaria sensitization, it still remains one of the leading killer diseases in the tropics. Advise on THREE prevention measures that need to be strengthened to reduce malaria prevalence. [3 Marks]
9. Drug and substance abuse is rampant among youths, one of the preventive strategies is reaching youths outside school. Suggest TWO ways of engaging them in activities contributing to reduced incidences of drug abuse. [2 Marks]
10. A mother brings to you a child presenting with high grade fever and convulsions. You are required to initiate immediate referral to the nearest health facility. State TWO actions to take before referral. [2 Marks]
11. Part of your responsibilities as a Community Health Assistant is to provide community-based health care services. Mention TWO services you are likely to offer. [2 Marks]
12. Palliative care services are meant to support the patient by relieving pain and suffering. Mention FOUR conditions that can be managed by providing palliative care services. [4 Marks]

13. Some people believe that the causes of HIV/AIDS are either curse or witchcraft. Suggest THREE ways to change this misconception. [3 Marks]
14. Outline THREE common mistakes that can result in false reading of a malaria rapid diagnostic test. [3 Marks]
15. Despite strategies put in place to reduce new cases of Human Immunodeficiency Virus, Africa still struggles with new infections every other day. Advise on TWO approaches that can be used to address this problem. [2 Marks]

**SECTION B (60 MARKS)**

*Answer Any THREE Questions in This Section*

16. A patient presents with a history of frequent urination and feeling thirsty. The patient is later diagnosed with Diabetes.
- a) Describe FIVE risk factors of diabetes [10 Marks]
  - b) Explain FIVE measures of preventing and controlling diabetes at an individual level. [10 Marks]
17. Despite efforts tailored towards control and management of Human Immunodeficiency Virus/Acute Immunodeficiency Syndrome (HIV/AIDS) in Kenya, the healthcare system continues to face challenges on achieving the set targets.
- a) Elaborate FIVE principles followed during HIV/AIDS testing. [10 Marks]
  - b) Recommend THREE ways you can use to assist newly diagnosed HIV positive patient adhere to Anti-Retroviral Therapy. [6 Marks]
  - c) Analyze TWO indicators that can demonstrate adherence to Anti-retroviral therapy. [4 Marks]
18. National Authority for Campaign Against Drug Abuse statistics indicate that many young people are using psychoactive drugs. Addressing this challenge requires multispectral approach.
- a) Describe FOUR reasons contributing to psychoactive drug use among youths in Kenya [8 Marks]
  - b) Examine FOUR settings that can be used to educate key messages on psychoactive drug prevention strategies [12 Marks]
19. You have been tasked to train a group of young people on HIV/AIDS awareness.
- a) Enumerate SIX steps followed in correct use of condom. [12 Marks]
  - b) Elaborate FOUR signs and symptoms of HIV/AIDS. [8 Marks]