



### **AMREF INTERNATIONAL TRAINING CENTER**

Qualification Code : 102105T4COH  
Qualification : Assistant Community Health Officer Level 5  
Unit Code : HE/OS/CH/CR/04/5/A  
Unit of Competency : Monitor gender, disability and vulnerable groups

### **CANDIDATE WRITTEN ASSESSMENT**

#### **INSTRUCTIONS TO CANDIDATE**

1. You have **THREE** hours to answer all the questions.
2. Marks for each question are indicated in the brackets.
3. The paper consists of **TWO** sections: A and B.
4. Do not write on the question paper.
5. A separate answer booklet will be provided.

*This paper consists of SIX (6) printed pages*

*Candidates should check the question paper to ascertain that all the pages are printed as indicated and that no questions are missing*

**SECTION A: (40 MARKS)**

**Answer All the Questions in This Section**

1. Define the following terms:
  - a) Vulnerable group (2 Marks)
  - b) Civic Education (2 Marks)
  - c) Cohort (2 Marks)
  - d) Health (2 Marks)
2. The community health volunteers in village X have been tasked to identify the vulnerable members in their community. Highlight THREE factors they can use to identify these groups in village X (4 Marks)
3. You are expected to report on the needs of the People Living with Disability in community Y. State THREE categories of needs you will include in your report (3 Marks)
4. Suicide cases are on the rise among adolescents in your county. Identify THREE stakeholders you can engage to address the above mental health concern (3 Marks)
5. The students in primary school V in village F are always sickly and yet they have different family backgrounds. As the community health assistant in the village you decided to conduct a research to find out the causes for the poor health among the students. Outline FOUR determinants of health you are likely to find in village F (4 Marks)
6. As one of the civic educators in your community, you wish to increase the attendance of the community members in civic activities. Identify THREE benefits of civic education (3 Marks)
7. You are tasked with determining the health needs of mothers attending antenatal clinic in health facilities in county Highlight FOUR importance of needs assessment (4 Marks)
8. As a respected community health assistant in your health unit, you are required to participate in health awareness campaigns in your Sub-county. Identify FOUR health related issues that you may address in the campaign (4 Marks)

9. Social protection is a means of protecting the vulnerable members of the community.  
Name THREE barriers to social protection services (3 Marks)
10. A support group give people who are in the same situation or have the same problem an opportunity to interact with other people like them. Highlight FOUR benefits of a support group (4 Marks)

**SECTION B (60 MARKS)**

**Answer any THREE questions**

11. You have been posted in community unit X as the community health assistant to lead the team conducting health needs assessment for the village.
- a) Explain SIX questions you will ask in order to determine the health needs of the above village (12 Marks)
- b) The health needs of the above village may be many with limited access to resources. Explain FOUR factors you will consider when prioritizing the community health needs of the above village (8 Marks)
12. County X has persistently recorded very high levels of teenage pregnancy and sexually transmitted diseases. This has contributed to massive school dropout. You are expected to conduct health education on reproductive health.
- a) Identify FOUR causes of teenage pregnancy in the above county (4 Marks)
- b) Describe FOUR health-related problems associated with teenage pregnancies (8 Marks)
- c) Explain TWO ways of preventing teenage pregnancies (4 Marks)
- d) Support groups can help teenage mothers not to get another early pregnancy. Describe TWO strategies that a teenage mother support group should have in order to be successful (4 Marks)
13. It has been noted that there are rising cases of orphans in village Y. As the community health assistant, you have been asked to advocate for social protection programs that can assist the orphans in village Y.
- a) Discuss FOUR pillars of social protection programs in Kenya (10 Marks)
- b) Describe FIVE types of social protection programs (10 Marks)

14. Mr. has been critically injured by his wife in a domestic fight. For the last three years the wife has been accusing her husband of marital rape. You are called to the scene to assist in the matter in your capacity as the community health assistant in the area

- a) Explain FIVE steps followed when handling a rape case (10 Marks)
- b) Describe THREE health effects of rape (6 Marks)
- c) Explain TWO methods you would use to create awareness on gender-based violence (4 Marks)

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