



AMREF INTERNATIONAL UNIVERSITY
UNIVERSITY EXAMINATIONS 2026
SCHOOL OF PUBLIC HEALTH
DEPARTMENT OF COMMUNITY HEALTH
BACHELOR OF SCIENCE IN COMMUNITY HEALTH
END OF SEMESTER EXAMINATION 2026

UNIT CODE: CHP 415

UNIT NAME: HEALTH NEEDS FOR SPECIAL GROUPS

Date : 14th AUGUST 2026

TIME : TWO (2) Hours Start-----5:30 PM-----End.....7:30 PM

INSTRUCTIONS

1. This exam is marked out of 70 marks
2. This examination comprises TWO sections

Section A: Compulsory Question (30 marks)

Section B: Long Answer Questions (40 marks)

SECTION A: COMPULSORY (30 Marks)

1. Highlight five consequences of viewing special groups as homogenous. (5 marks)
2. Outline five sources of vulnerability for special need groups. (5 marks)
3. Highlight five characteristics of adolescent-friendly services. (5 marks)
4. Highlight five health services for infants and children. (5 marks)
5. List five reasons why motherless babies should be categorized as a special needs group. (5 marks)
6. State five characteristics of marginalized communities. (5 marks)

SECTION B: ANSWER ANY TWO QUESTIONS (40 Marks)

7. A county government plans to establish a community-based rehabilitation program for vulnerable populations. Traditionally, beneficiaries have been grouped according to their diagnoses, such as blindness, deafness, physical disability, or old age. A community health officer proposes using a functional approach instead.
- a) Describe the four functional approaches used in classification of special need groups. (8 marks)
 - b) Using relevant examples, discuss three ways in which vulnerabilities experienced by special need groups have affected the health care system. (12 marks)
8. The world's population is ageing rapidly. According to recent global demographic trends, the number of people aged 60 years and above is increasing due to improved healthcare, declining fertility rates, and increased life expectancy. This demographic shift presents both opportunities and challenges for health systems, families, and communities.
- a) Discuss five reasons why elderly people are categorized among the special need groups. (10 marks)
 - b) Explain five components of community health services for the elderly. (10 marks)
9. A recent county health survey revealed a significant increase in the number of people living with disabilities due to road traffic injuries, chronic diseases, congenital conditions, and an aging population. The survey further found that many persons with disabilities face a lot of challenges. Although the county government has established several programs to support persons with disabilities, many continue to experience poor health outcomes and social exclusion.
- a. Explain five components of health service provision for persons with disabilities (PWDs). (10 marks)
 - b. Discuss five roles of community health professionals in provision of services for persons with disabilities (PWDs). (10 marks)

END