

**092306T4SWC**

**SOCIAL WORK AND COMMUNITY DEVELOPMENT LEVEL 6**

**BUS/OS/SW/CR/08/6/A**

**PERFORM HOME BASED CARE AND SUPPORT**

**JULY /AUG. 2024**



**TVET CURRICULUM DEVELOPMENT, ASSESSMENT AND CERTIFICATION  
COUNCIL (TVET CDACC)**

**CANDIDATES WRITTEN ASSESSMENT**

**TIME: 3 HOURS**

**INSTRUCTIONS TO CANDIDATES**

1. This paper has TWO sections **A** and **B**.
2. You are provided with a separate answer booklet.
3. Marks for each question are as indicated.
4. Do not write on the question paper

**This paper consists of Four (4) printed pages.  
Candidates should check the question paper to ascertain that all pages are printed as indicated  
and that no questions are missing.**

**SECTION A: (40 MARKS)**

*These are suggested answers to act as guidelines.*

1. Home based care should be provided in a holistic manner to the individuals and their families in order to improve on their wellbeing. State **FOUR** principles of Home-Based Care in Kenya. (4 Marks)
2. Home based care support is an activity that requires collaborative approach to enhance quality of services. Identify **FOUR** importance of identifying relevant partners. (4 Marks)
3. For effective home based care services, relevant data is required. List **FOUR** methods of data collection in home-based care and support. (4 Marks)
4. Home based care is the assistant given to the sick and affected in their own homes, extended from the hospital or health facility through family participation and community involvement. Give **FOUR**-character traits that a Home-Based Care provider should exhibit. (4 Marks)
5. Home Based Care plan is based on a particular individuals health need in collaboration with the health provider. Name **FOUR** resources that are needed in provision of this care. (4 Marks)
6. Home Based Care and Support is a professional support service that enables individuals to live safely and independently in their own homes. List **FOUR** beneficiaries of this program. (4 Marks)
7. Entities with vested interest in the activities of an organization need to be documented. Identify **FOUR** roles of a stakeholder's directory. (4 Marks)
8. Home Based care and support is an intense activity that involves utilization a variety of resources. Outline **FOUR** advantages of resource mobilization. (4 Marks)
9. A client should be directed to seek additional services that are beyond the home based care provider from other institutions. State **FOUR** circumstances under which you may need to refer home-based care clients for further care. (4 Marks)
10. Home based care and support activities are always documented for purposes of future reference. Name **FOUR** ways that these documents can be safely stored. (4 Marks)

**SECTION B: 60 MARKS**

*These are suggested answers to act as guidelines*

**Question 11 is compulsory and answer ANY OTHER TWO questions**

**Read the case study below and answer the questions that follow**

11. Manga, a devoted social worker in Maji Mazuri village, encountered a troubling situation during one of his visits. He met Mzee Kiza, an elderly man who appeared frail and weak. Mzee Kiza revealed to Manga that he was living with HIV/AIDS and had been seeking treatment at a nearby health facility, but facing numerous challenges. Despite the fact that antiretroviral (ARV) treatment should be provided free of charge, Mzee Kiza disclosed that he had to pay for the medication, placing a significant financial burden on him. This made it difficult for him to access the life-saving treatment consistently. Additionally, Mzee Kiza faced discrimination and stigma, as he was denied service at a local hotel due to fears of infecting other customers. This isolation and stigmatization took a toll on his mental well-being. Intensifying his struggles, Mzee Kiza's retirement income made it challenging for him to afford a balanced and nutritious diet, which is crucial for managing his condition. He was forced to rely on cheap and unhealthy meals, further compromising his overall health. Moreover, his wife's lack of support and mockery added to his emotional distress, as she quarreled with him and insisted that he bear the burden of his illness alone. Manga listened empathetically to Mzee Kiza's heartbreaking story and assured him of his assistance in accessing the treatment and support he desperately needed. Recognizing the importance of mental health, Manga also encouraged Mzee Kiza to seek counseling and provided him with a list of resources that could help him cope with the multifaceted challenges he was facing
- a) Analyze **FIVE** challenges faced by Mzee Kiza while seeking for social and health wellbeing support. (10 Marks)
- b) Discuss **FIVE** ways in which as a social worker you can improve Home based Care and Support in the community. (10 Marks)
12. A community health needs assessment is not a one-off activity but a developmental process that is added to and amended over time.
- a) Describe **FIVE** steps of conducting community health needs assessment. (10 Marks)
- b) Discuss **FIVE** components of an in-home care assessment report. (10 Marks)
13. Community mobilisation is a critical aspect in the provision of Home Based Care.

- a) Explain **FIVE** factors to consider in carrying out support advocacy. (10 Marks)
  - b) Discuss **FIVE** benefits of carrying out advocacy in Home based Care. (10 Marks)
14. To monitor a client's performance in Home Based Care Support certain essential metrics used to evaluate the effectiveness, efficiency, and quality of the program.
- a) Analyze **FIVE** key performance indicators in a Home-Based Care programme. (10 Marks)
  - b) Discuss **FIVE** ethical behaviours home based care providers should observe when working with their clients. (10 Marks)

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